

Training Needs Survey

June 2015

Anthony Statham

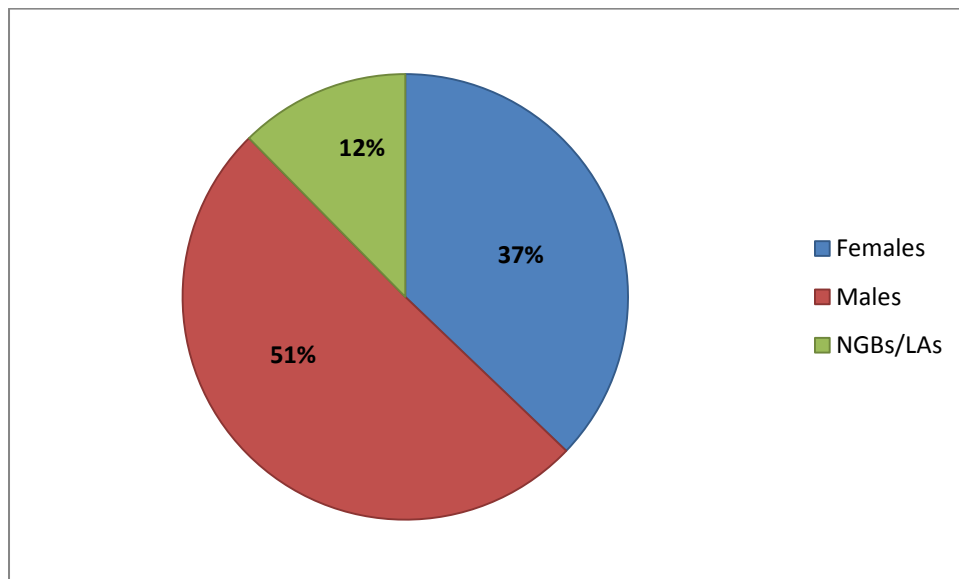
Sports Development Manager

1. Introduction

Active Sussex runs a programme of workshops to provide opportunities for the Continued Professional Development (CPD) of sports clubs, coaches and volunteers. Coaches, National Governing Bodies of Sport (NGBs) and Local Authorities (LAs) were asked to complete a survey in June 2015 with the aim of providing local insight into CPD needs across Sussex. The survey focuses on workshops that will be delivered as part of the Active Sussex training schedule that aims to 'influence a positive change in behaviour change through a CPD programme'.

2. General Information

Number of Responses



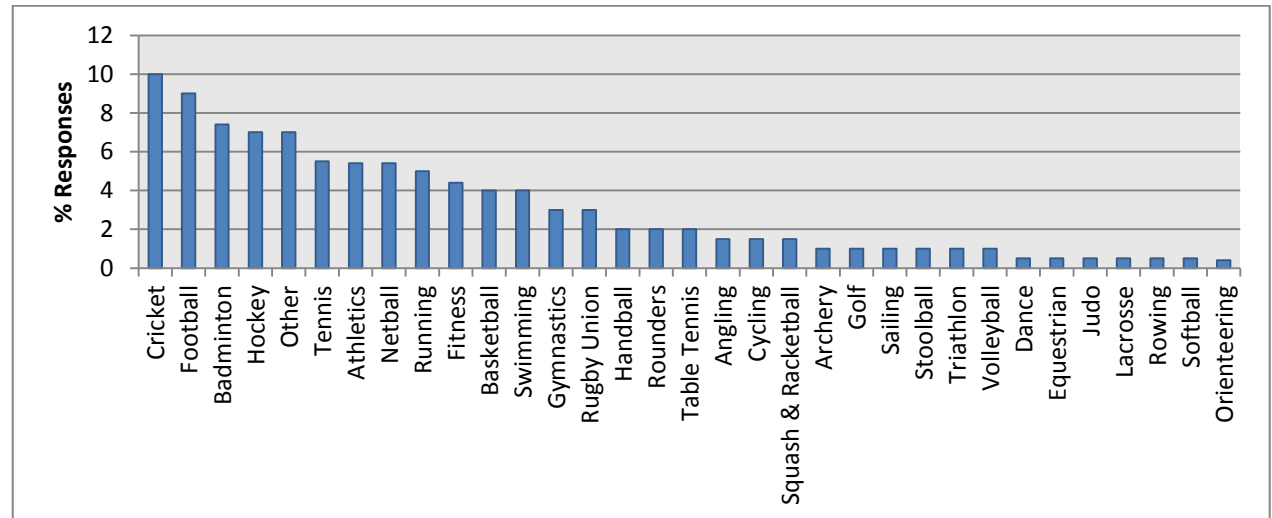
Summary

- ✓ 51% of respondents completing the survey were male, 37% female and 12% NGBs/Local Authorities
- ✓ The survey was completed by 158 respondents in total
- ✓ 7 NGBs and 6 Local Authorities completed the survey

Sports Coached

Summary

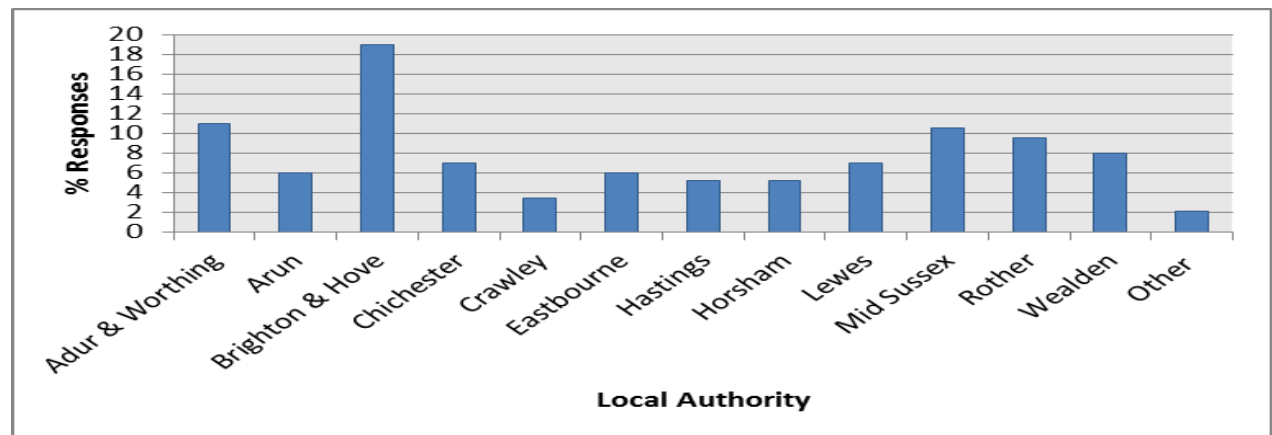
- ✓ Coaches completing the survey had experience of coaching in 46 different sports
- ✓ Increase of 19 different sports from 27 to 46 compared to 2014 CPD survey
- ✓ 26% of respondents were from cricket, football and badminton



Local Authority

Summary

- ✓ 19% of coaches responding to the survey identified Brighton & Hove as their Local Authority
- ✓ 54.7% of coaches responding to the survey identified themselves as living in East Sussex



3. Workshops

Coaches Workshop Choices

	Workshop Title	Total
1	How to Deliver Engaging Sessions	13%
2	Analysing Your Coaching	13%
3	Coaching Children (5 - 12 years)	12%
4	First Steps into Coaching	10%
5	Fundamentals of Movement	9%
6	A Guide to Mentoring Sports Coaches	8%
7	Positive Behaviour Management in Sport	8%
8	Talent Series	7%
9	How to Coach Disabled People in Sport	6%
10	Supporting Coaches Effectively	4%
11	Safeguarding & Protecting Children	3%
12	Safeguarding & Protecting Children 2:Reflecting on Practice	3%
13	Equity in Your Coaching	2%
14	Effective Communication: Coaching Deaf People in Sport	2%
	Total	100%

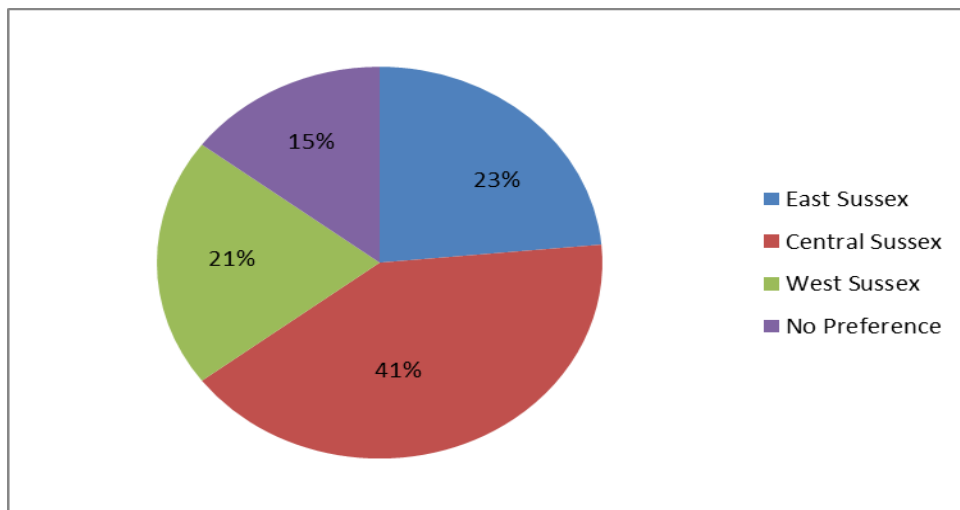
NGB/Local Authorities Workshop Choices

	Workshops	Total
1	Safeguarding & Protecting Children	16%
2	How to Coach Disabled People in Sport	13%
3	Fundamentals of Movement	10%
4	How to Deliver Engaging Sessions	9.5%
5	First Steps into Coaching	8.5%
6	Analysing Your Coaching	7%
7	Coaching Children (5 - 12 years)	7%
8	Safeguarding & Protecting Children 2:Reflecting on Practice	7%
9	Effective Communication: Coaching Deaf People in Sport	5%
10	Supporting Coaches Effectively	4%
11	Equity in Your Coaching	4%
12	A Guide to Mentoring Sports Coaches	3%
13	Positive Behaviour Management in Sport	3%
14	Talent Series	3%
	Total	100%

Summary

- ✓ Top 3 workshops identified by coaches were 'How to Deliver Engaging Sessions', 'Analysing Your Coaching', and 'Coaching Children (5-12 years)'
- ✓ Top 3 workshops identified by NGBs/Local Authorities were 'Safeguarding & Protecting Children' 'How to Coach Disabled People in Sport' and 'Fundamentals of Movement'
- ✓ 'Fundamentals of Movement', 'How to Deliver Engaging Sessions' and 'Analysing Your Coaching' were in the top 6 for coaches, NGBs and Local Authorities

4. Course Location



Summary

- ✓ Central Sussex was the most popular location for courses to be scheduled by coaches
- ✓ Brighton, Crawley, Hastings, and Horsham were identified as specific locations for a workshop

5. Club and Volunteer Workshops (NGBs and Local Authorities)

	Workshop Title	Total
1	Volunteer Recruitment and Retention	40%
2	Club Structures	21%
3	Club Finances	14%
4	Business Planning	7%
5	Marketing Strategy	7%
6	PAYE and Employment Status	7%
7	Community Amateur Sports Club (CASC)	4%
8	Group Mentoring for Clubs	0%
	Total	100%

Summary

- ✓ Overall the top training areas identified by NGBs and Local Authorities for clubs and volunteers were in the following; volunteer recruitment and retention, club structures and club finances

6. Summary of Result

- ✓ 51% of respondents completing the survey were male, 37% female and 12% NGBs/Local Authorities
- ✓ The survey was completed by 158 respondents in total
- ✓ 7 NGBs and 6 Local Authorities completed the survey
- ✓ Coaches completing the survey had experience of coaching in 46 different sports
- ✓ Increase of 19 different sports from 27 to 46 compared to 2014 CPD survey
- ✓ 26% of respondents were from cricket, football and badminton
- ✓ 19% of coaches responding to the survey identified Brighton & Hove as their Local Authority
- ✓ 54.7% of coaches responding to the survey identified themselves as living in East Sussex
- ✓ Top 3 workshops identified by coaches were 'How to Deliver Engaging Sessions', 'Analysing Your Coaching', and 'Coaching Children (5-12 years)'
- ✓ Top 3 workshops identified by NGBs/Local Authorities were 'Safeguarding & Protecting Children' 'How to Coach Disabled People in Sport' and 'Fundamentals of Movement'
- ✓ 'Fundamentals of Movement', 'How to Deliver Engaging Sessions' and 'Analysing Your Coaching' were in the top 6 for coaches, NGBs and Local Authorities
- ✓ Central Sussex was the most popular location for courses to be scheduled by coaches
- ✓ Brighton, Crawley, Hastings, and Horsham were identified as specific locations for a workshop
- ✓ Overall the top training areas identified by NGBs for clubs and volunteers were in the following; volunteer recruitment and retention, club structures and club finances

7. What Next?

The survey's results will now be used by Active Sussex to underpin the Active Sussex training programme from July 2015 to June 2016. For further information on the survey or courses contact Anthony Statham, Sports Development Manager at Active Sussex ccv@activesussex.org or 07760 164032.