

National Governing Body and National Disability Sport Organisation Training Information

Organisation	Title of Resource	Purpose	Audience	Format	Duration	Cost	Contact
ASA	Working with Children with Severe Physical Disabilities						
ASA	Deaf Friendly Swimming (NOT CURRENTLY LIVE)	http://www.theisonline.com/					http://ios.org.uk/
ASA	Working with Children with Behavioural Difficulties	An introduction and overview of commonly seen barriers to learning when teaching children. This presentation explains the conditions, syndromes and disorders and gives strategies for managing the behaviour in a swimming teaching environment. It will help non specialist swimming teachers work with a class containing one or two children with special needs.	ASA Level 1 Certificate for Teaching Aquatics (or equivalent)/ASA Level 2 Certificate for Teaching Aquatics (or equivalent)		4 hours - theory based		http://ios.org.uk/
ASA	Integrating Disabled Swimmers into a Mainstream Coaching Environment	This seminar is designed to give coaches a better understanding of coaching disabled swimmers, whose disabilities fit Disability Swimming and highlight ways that coaching practices can be adapted to ensure that disabled swimmers get the best from training in mainstream clubs.	Coaches Level 2 and above working in a club environment (skill development and above)		3.5 hours		http://ios.org.uk/
ASA	An Introduction to Officiating at Events that include Swimmers with a Disability	An introduction to officiating at events that include swimmers with a disability such as ASA Regions and ASA Counties. An overview of classification and functional ability cards along with a knowledge of IPC swimming rules.	Level 1 and Level 2 swimming teachers		3 hours		http://ios.org.uk/
ASA	Integrating Autistic Children into Mainstream Swimming Lessons	This workshop will equip you with the basic knowledge required to effectively interact with and teach autistic children within a swimming lesson.	ASA Level 1 and Level 2 Teachers, parents, Swim Scheme Co-ordinators, Centre Mangers and Swimming Development Officers		3 hours		http://ios.org.uk/
ASA	An Introduction to Disability Swimming	This seminar provides an introduction to Disability Swimming to equip you with the basic knowledge to differentiate between swimming for people with disabilities and Disability Swimming.	All		Dependent upon individual		http://ios.org.uk/
British Blind Sport	British Blind Sport's Visually Impaired Friendly Swimming Resource	A guide for supporting visually impaired adults and children in swimming. To support swimming Coaches and providers to deliver inclusive sessions to include people who are partially sighted or blind.	This resource is all about helping mainstream leisure providers to be VI friendly through their provision of training, resources and support. These include: <ul style="list-style-type: none"> Swimming clubs Learn to swim programmes Swimming facilities 	Hard-copy booklet, PDF or word only document - will be available as an online version via ASA (may only be available for qualified coaches)	n/a	Free	info@britishblindsport.org.uk
British Blind Sport	Athletics Visually Impaired Awareness and Guide Running	Course to up skill existing Athletics Running Group Leaders and Club Coaches with knowledge and insight to support their provision of inclusive sessions to include athletes with a visual impairment.	Run Group Leaders and Coaches who are looking to or already delivering athletics sessions for people with a visual impairment	Workshop			www.englandathletics.org
British Blind Sport	Visually Impaired Tennis Course	To develop an understanding of the rules and equipment used in VI Tennis. Gain a better understanding of what it means to have a visual impairment. Sharing of ideas (warm ups & drills), communicate appropriately and effectively. VI Tennis classification, rules and competition. Where to go for further information. Planning and promoting sessions effectively.	Tennis Networks Coaches who are looking to or already delivering tennis sessions for people with a visual impairment	CPD workshop	6 hrs		www.tennisfoundation.org.uk
CP Sport	Table Cricket Skills Awards		Wide range				
CP Sport	Movement in Water	Movement in Water, combined with a Swimstart Day, the aim of this course is to give parents, teachers, coaches and physiotherapists etc. the necessary basic skills so they feel confident enough to support a swimmer with cerebral palsy in water. After learning new skills and practical involvement on the day, it is hoped good practice will continue to be delivered locally after the course. If necessary, courses can be tailored to individual needs and around the specific requirements of a school or club.	Parents, teachers, coaches and physio's	Workshop and DVD			info@cpsport.org
CP Sport	Table Cricket Leaders' Course	The Table Cricket Leaders' Course is specifically aimed at coaches, teachers and young leaders (e.g. those involved with schools, clubs, events, local authority youth games, individuals and staff of residential homes, etc.).	Wide ranging	Workshop 10 to 20 delegates	4 Hours	£350	mark.dowling@cpsport.org

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CP Sport	Table Cricket Officials' Course	To provide relevant information to individuals of how to umpire the game of Table Cricket and gain an understanding of how the game is scored.	Wide ranging	Workshop	4 Hours	£350	mark.dowling@cpsport.org
English Federation Disability Sport	Disability Equality Training (DET)	Aims to help staff make the services they provide more Inclusive. Content covered; terminology, etiquette, communication, legislation, barriers to participation and potential solutions, where to go for further assistance and support.	Anyone involved in the delivery of sport, recreation and leisure services	Workshop - theory	3 hours	£500 for up to 24 candidates	jmassie@efds.co.uk
English Federation Disability Sport	Disability Inclusion Training (DIT)	Aims to support coaches to increase their confidence when working with disabled people and give them a greater level of knowledge to help make the sessions they provide more Inclusive. Theory aspect covers; perceptions and experiences, disability awareness, legislation and guidance, barriers and potential solutions, an intro to the inclusion spectrum, where to go for further support and opportunities. Practical aspect covers; The principles of STEP, how to adapt activities implementing the principles of the inclusion spectrum, how to create a strategy for the inclusion of all disabled people in sporting activity.	Coaches / teachers	3 hour Workshop and 3 hour Practical	6 hours	£750 for up to 24 delegates	jmassie@efds.co.uk
English Federation Disability Sport	Disability Inclusion Training (DIT)/Sports Specific	Aims to train coaches/teachers to increase their confidence when working with disabled people and give them a greater level of knowledge to help make the sessions they provide more Inclusive. To develop fun warm up activities , games and sports specific ideas to ensure coaching methods and delivery styles provide maximum participation from all ability levels.	Coaches, those already engaged in the sporting landscape	6 hour Workshop (3 hours theory 3 hours practical)	6 hours	£750 for up to 24 delegates	jmassie@efds.co.uk
English Federation Disability Sport	Active Kids for All Inclusive PE Training	Improving confidence, knowledge and skill in enabling the inclusion of all pupils and challenging and progressing all pupils. Content covers; what does outstanding PE look like, identifying key challenges in delivering inclusive PE, understanding the inclusion spectrum and step, applying the tools to practical situations, understanding the principles of inclusive assessment, identify positive aspects of current practice and set actions for delivery.	Teachers, trainee teachers, school staff (Primary and secondary frameworks available)	5 hour workshop - practical an theory interspersed (1 hour pre-online theory)	6 hours	Free	ak4a@efds.co.uk
English Federation Disability Sport	IFI Online Training	Objective is to support delivery of an excellent service to disabled customers, it will be customer training focussed and will cover disability awareness training including legislation, terminology, policies and procedures, facility specific information, perceptions and experiences etc.	Leisure centre staff that are customer facing	e-learning	2 hours	£10 per head	ifi@efds.co.uk (not yet live)
English Federation Disability Sport	Inclusion Club Hub	Aims to support clubs to include more disabled people in their activities, provides ideas, resources and tools to support everyone to have a positive club experience. This tool can also act as an audit.	Club based volunteers and staff	Online interactive resource	n/a	n/a	federation@efds.co.uk
English Federation Disability Sport	Diversity Challenge	Tool built to support NGBs to address equality and support under represented groups.	NGB staff	Online interactive resource	n/a	n/a	federation@efds.co.uk
English Federation Disability Sport	Access for All: Opening Doors	Supporting partners to break down the barriers of venue accessibility.	Anyone involved in running a sports club	Online resource	n/a	n/a	federation@efds.co.uk
English Federation Disability Sport	Engagement Guide - Improving Local Reach and Relationships	Supporting partners to improve their reach and ultimately drive participation.	CSPs, NGBS	Online resource	n/a	n/a	federation@efds.co.uk
English Federation Disability Sport	Fit as a Fiddle	Aimed to support partners to support older disabled people into fitness.	Originally Age UK, but any organisations may benefit	Online resource	n/a	n/a	ifi@efds.co.uk
Interactive	Be Inclusive and Active	A flexible 2.5 hour online disability equality training course that participants can undertake whenever and wherever they choose. 'Be Inclusive and Active' is accredited and endorsed by SkillsActive and is mapped to National Occupational Standards.	Wide ranging	Online training	2.5 hours	£21 per person	josef.baines@interactive.uk.net

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Interactive	Inclusive and Active	'Inclusive and Active' workshop is a face-to-face bespoke training course delivered by Interactive's experienced professionals to coaches, volunteers or any professional working in the sector. All 'Inclusive and Active' workshops are high-quality and designed to meet partners'/sectors' needs using insight, comparative and expert knowledge.	Coaches and volunteers within the sector	Practical workshop 15 to 25 delegates	Various	N/A	josef.baines@interactive.uk.net
scUK	Inclusive Coaching: Disability	During this workshop participants will: - learn the basic elements of classifications in disability sport - get to grips with participant pathways for disabled participants - gain additional knowledge by reflecting on your, and other attendees', past experiences.	Level 2/Lead coaches who want to develop their disability coaching knowledge further	Practical and theory workshop	3 hours, 1 of which is practical with disabled participants	£250 approx	scUK
scUK	How to Coach Disabled People in Sport	During this workshop participants will learn how to: - include disabled people in sport - select appropriate coaching activities - make your coaching more inclusive and effective	Level 1/assistant coaches to raise awareness around coaching disabled people in sport	Theory workshop	2 hours theory workshop	£190 approx	scUK
Special Olympics GB and Mencap Sport	Learning Disability and Sport Workshop	This workshop looks at learning disability and sport to help clubs, coaches and sports providers offer a more inclusive environment and support people with a learning disability to access sporting opportunities.	Coaches, volunteers, sports club personnel, anyone working in sport who want to know more about learning disability	Workshop	3 hours	TBC	tbk - we are contracting Interactive to roll this out over the next 6 months.
Sussex Football Association	Coaching Disabled Footballers (Disabled/Deaf/Blind)	The Coaching Disabled Footballers course is designed to give football coaches and teachers ideas and practices for the inclusion of disabled players in football sessions within mainstream or impairment specific sessions. Read more at http://www.sussexfa.com/coaches/courses/#mIP310JyU7mrz19m.99	Football coaches and teachers	Workshop	1 day	£35	Development@SussexFA.com
Tennis Foundation/LTA	Inclusive Teacher Training	The three hour 'Inclusive Tennis Teacher Training Course' has been developed to give Special School teachers and those teaching disabled young people in mainstream education, the confidence and tools to deliver tennis to a class of children in a small space.	Teachers	Workshop	3 hours	TBC	To organise or book onto a course, please contact your Tennis Development Manager. Contact details can be found at www.schoolstennis.org
UK Deaf Sport	Effective Communication - Coaching Deaf People in Sport	Provides basic deaf awareness for coaches so they can develop communication skills, understand pathways for deaf sport and to provide deaf inclusive activities.	For coaches and club volunteers who want to develop deaf inclusive activities	Workshop	3 hrs	£5.00 per person though subsidies are available from CSP's and NGB's.	Sports Coach UK or local service provider : http://www.sportcoachuk.org/effective-communication-coaching-deaf-people-sport
UK Deaf Sport	British Sign Language for Sport Level 1	Provides a recognised NVQ L 1 qualification. Participants will be able to communicate via BSL in a limited fashion. The course focusses on the development of sports specific vocabulary	For anyone who is working regularly with people who are deaf and use British Sign Language to communicate	4 day course	30 hours including home study	TBC Approx £300 per person	participation@ukds.org.uk
UK Deaf Sport	Sports Specific Resources	12 Sports provide via web based resource or publications information on how to communicate with people who are deaf.	All club members, coaches or volunteers	Web based video or PDF's	Various	Various	See NGB websites or https://www.youtube.com/user/ndcswebteam/playlists?view=50&sort=dd&shelf_id=5
Volleyball England	Sit up and Listen: New Sitting Volleyball Workshop Launched	The course has been designed based on the simple principle that all you need for sitting volleyball is something to act as a net and a ball. Once candidates have completed the course, they can deliver a range of fun activities and a variety of games. The key areas covered in the workshop are: - An introduction to sitting volleyball - Understanding moving and introducing the game - Sitting Volleyball techniques – what makes it different - Adapted games – fun variations on playing the game	Aimed at anyone who wants to introduce a sport that is inclusive for all abilities designed for a large number of audiences - schools, colleges, school sports makers, multi-sport coaches and non-sport based leaders. It is ideal for people who work with pan-disability groups and those who are interested in exposing their participants to inclusive activity	Practical & theory workshop resource booklet full of ideas for games and warm-ups, and a starter kit, providing them with a net band and 5 beach balls	4 hours	£50 per learner (includes course fee, equipment and resources). Min of 12 candidates	Roman Neveykin, Workforce Officer r.neveykin@volleyballengland.org 01509 227730 http://www.volleyballengland.org/getintovolleyball/coaching/courses/sitting_volleyball_workshop
WheelPower	ABCs (Agility, Balance & Coordination of Sports Wheelchair Movement)	Provide a basic understanding of sport wheelchair movement such as pushing, turning, stopping etc. In addition how to setup and maintain a sports wheelchair.	Wide ranging: Coaches, teachers, students, leaders, volunteers, physiotherapists	Workshop	2 hrs	TBC	steve.snelling@wheelpower.org.uk
WheelPower	Sport Wheelchair Maintenance Videos	To provide step by step procedures to maintain a sports wheelchair.	Anyone who owns or responsible for manual sports wheelchairs	Online resource	n/a	Free (can be accessed via membership page on WheelPower's website, membership is free)	steve.snelling@wheelpower.org.uk

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WheelPower	Coaching Manual Wheelchair Users	Basic guidance on ensuring sessions are inclusive for manual wheelchair users.	Wide ranging	Online resource	n/a	Free	steve.snelling@wheelpower.org.uk
Whizz Kids	Wheelchair Skills Training	Whizz-Kidz Wheelchair Skills Training provides young wheelchair users with the essential skills they need to independently operate their wheelchair with confidence. There are four age ranges for each of our Wheelchair Skills Training programmes: ages 2 to 7, ages 8-14, ages 15 -18 and ages 19-25.	Young wheelchair users ages 2-25	Two day course	Two day course	TBC	www.whizz-kidz.org.uk ambassadors@whizz-kidz.org.uk 0800 151 3350
Youth Sport Trust	Topsportsability	The Key aims are to: - Provide specific ideas and strategies to support the inclusion of young disabled people in physical activity and sport, particularly those who have higher support needs. - A vehicle for the inclusion of disabled and non-disabled young people in physical activity and sport. - A basic introduction to a wide range of competitive sports including three Paralympic sports.	Teachers, trainee teachers, school staff (have started to look how this can be expanded into the community)	Variable - online materials	Variable, workforce have used resource as a training mechanism, however no set delivery	Free	YST