Active Sussex supports volunteers by recruiting, retaining, up skilling and rewarding volunteers. Volunteers in Sussex were asked to complete a survey in February 2015. The purpose of the survey is to find out what they want, what type of learning would they prefer, how active they are and how they can be supported. 45 volunteers completed the survey in 2015 as opposed 42 in 2014. The findings are summarised below:

**Q2 Please tick which age bracket you are in**

![Age Bracket Graph]

- **26.67%** are aged 51-60 (the highest age group)
- **33** are active volunteers in sport (92%)
- **2014 26** were active volunteers in sport (78%)
How many hours do you volunteer every month?

<table>
<thead>
<tr>
<th>Hours</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-5</td>
<td>41%</td>
</tr>
<tr>
<td>6-10</td>
<td>15%</td>
</tr>
<tr>
<td>11-15</td>
<td>18%</td>
</tr>
<tr>
<td>16-20</td>
<td>21%</td>
</tr>
<tr>
<td>20+</td>
<td>5%</td>
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</tbody>
</table>

No significant change from 2014 results
Q7 If you are registered on the Active Sussex Volunteering website (http://bit.ly/17ggM6e) when was the last time you logged into your profile?

Answered: 32  Skipped: 13

- **Within the past week**: 7%
- **In the last month**: 18%
- **In the last six months**: 16%
- **In the last year**: 35%
- **Only when I signed up**: 2%
- **I have never logged in**: 4%

7 have logged in within the last week or month out of 32 respondents

4 had logged in within the last week or month in 2014 out of 30 respondents

**Rate of logging in LOW**

Q8 Are you interested in long term volunteer opportunities (weekly or monthly basis) or short term opportunities (one off events)?

- **53%** would like short-term volunteer opportunities
- **11%** would like long-term volunteer opportunities
What opportunities would encourage you to volunteer more often?

1. High profile events
2. Locality
3. Multi-sport

TREND: High profile events was top in 2014

What support could you benefit from?

Training (confidence building, mentoring)
More opportunities
Networking

What rewards would motivate you to volunteer more?

1. Clothing
2. Lunch and/or expenses
3. Just a thank you!

TREND: Clothing and appreciation were top in 2014

Q12 Would you like to see more training workshops organised for volunteers?

Answered: 34  Skipped: 11

1. Coaching
2. Supporting volunteers
3. Sport specific
4. Safeguarding
Q15 Would you prefer an e-learning approach to training?
Answered: 29   Skipped: 16

Q16 Are you happy to receive monthly e-news updates or would you prefer a different form of communication?
Answered: 33   Skipped: 1?
Do you like the functionality of Volunteer Web?

I like it = 36%
I haven't used it = 24%
No observations = 40%

List of other organisations used to source volunteer opportunities:

Other CSPs
Team London
Join In
Do-it

Are you aware of Active Sussex Safeguarding support?

Yes = 40%
No = 54%
Don’t know = 6%

Do you know who to contact?

Yes = 26%
No = 68%
Don’t know = 6%

Would you like more information about safeguarding?

Yes = 26%
No = 74%
What does this all mean?

The 2015 volunteer survey is extremely important for Active Sussex. We are investigating new ways in which we can improve our volunteer offer and feedback provided will shape any future proposals.

✓ We will continue to communicate via the e-news
✓ The new Sussex volunteer website will be reviewed
✓ An e-learning approach will not be implemented at this stage
✓ Training/workshops are still popular and we will continue to offer them
✓ Continue to reward and recognise worthy volunteers
✓ Focus on short term opportunities and high profile events