Active Sussex SDSN Webinar
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Katie Hooker

PE at Cradle Hill Community Primary School.
Developing confidence from a young age for all children including children with SEND.

Outside areas in Reception and Year 1 provide opportunities to develop gross motor skills. For example, tracks for riding bikes and scooters, tyres to push, balancing blocks, crates to build and climb, skipping, balls to throw and catch, bats and balls etc. All children are encouraged to explore these outside spaces. We have an inclusive attitude.

Children with SEND attend sensory circuits each morning. These balancing and sensory activities help prepare children for their day ahead.

Many of our children with SEND attend a nurture session during the day. Some children participate for a term some for longer. In the nurture group they complete a range of social, emotional and physical activities.

**All children participate in PE.** A pupil with Cerebral Palsy benefited from having the big apparatus out (benches, ropes, etc). Through perseverance, encouragement and trust in the adult supporting her, her determination to succeed grew. By the end of the 6 week term she was balancing on benches and swinging on ropes.

We embed an inclusive and ‘I can’ attitude. We all believe the children can succeed, and because of this, almost all children with SEND make at least small steps of progress.
Engaging and listening to children

All pupils contribute to pupil voice in our school.

Each year group has two school council members. They are responsible for giving feedback to the Head Teacher and making suggestions about what we may improve.

Twice a week Wave Leisure lead active lunch time sessions on our school site. All children are encouraged to participate.

We celebrate all children’s sporting achievements in our Newsletter and on our website.

All children from Years 3 to Year 5 are involved in a week of intensive swimming lessons. Levels of progress are recorded and tracked. In Years 5 and 6 a small group of children, who are identified as needing additional support with swimming, are given an extra week of tuition. As a result of these intensive lessons our pupils (with or without SEND) have achieved greater success.

At Cradle Hill we all participate in active brain breaks throughout the day. This might include a mile run, Go Noodle, Joe Wicks 5 minute workouts and Cosmic Kids yoga.
Engaging and influencing staff to promote physical activity for all.

- Setting event dates in the school calendar early in the school year.
- Constantly reminding teachers of events through emails and in staff meetings.
- Asking teachers for advice on which children they would recommend to attend PE events.
- Having a whole school approach.
- Always listening and taking on board staffs feedback, advice and concerns.
- We have 3 PE Coordinators and 1 TA who supports.
- Including SLT in all decisions and having their support and trust.
- Always saying thank you and showing appreciation for their hard work. E.g. on sports day we put goodies in the staff room!
Engaging Parents of all children as well as children with SEND

At Cradle Hill we engage parents by:

• Termly newsletters

• Reminders on the app

• Encouragement from all staff to promote physical activity.

When there is space in after school clubs, we are able to offer our Pupil Premium children the opportunity to attend for free.
**Additional notes**

At Cradle Hill three teachers hold responsibility for PE.

Each term we track the children who are attending after school clubs and school competitions. In this way we can maximise the number of children having the opportunity to participate.

We provide a variety of after school clubs: Kickboxing, Karate, Dance, Football, Dodgeball, Netball and Yoga. We have built strong relationships with local clubs and Wave leisure.

Each term in KS2 we provide opportunities for all pupils to participate in Intra school competitions. For example football, dodgeball, Winter sports day, rounders and Sports day. All teachers and pupils get involved and have fun. KS1 are involved in Winter Sports Day and Sports Day.

We encourage external providers to run free taster sessions for all. This year pupils have benefited from sessions with the local cricket club and basketball club.

Last year everyone participated in a Health Week. During the summer term we held 'Bike it Breakfasts' for all children who cycled to school. In the two years since they have been running, the Bike it Breakfasts have become very popular, growing from an initial 5 parents and children to 60!
Next steps

To continue to provide identified SEND children with physical opportunities.

To ensure that teachers focus on developing the children’s physical skills and provide greater progression, we have decided to introduce Real PE, a teaching support program.

To continue to self evaluate.