Keeping children and young adults with complex physical, cognitive and medical needs, physically active and engaged in sport and physical activity.

**Topics:**
- Who we are, and who we cater for
- Our PE and Sport provision
- Engaging with the community and our Local Sport Partnership (Active Sussex)
- Good practice
- Challenges we face
Between 90-100 pupils every year

Aged 3-19

Come from 10 Local Authorities

Wide range of needs and abilities – most need 1:1 support

3 departments

Between 3 and 8 pupils in each class
With a broad range of abilities (both cognitive and physical) meaningful PA needs to look different to suit the individual needs. In regards to children and young adults being able to access the physical activity appropriate to their learning needs, I have created three categories.

1. Cognitively typically developing but complex physical needs. Switch adaptive equipment, particular focus on rules, tactics and teamwork skills.

2. Physically more able, cognitively lower developing/poor. Struggle with rules, therefore a particular focus on being physically active, walking, biking physiotherapy, rebound, hydrotherapy.

3. Cognitively strong (potentially not typically developing) and physical limitations, but basic gross motor skills. Focus on adapted sports and developing learning skills, rules, teamwork etc. Closest link to PE.
JOINT WORKING

COLLABORATIVE APPROACH
PYG (WITH ACTIVE SUSSEX)
SUSSEX CRICKET – COMPLEX
NEEDS LEAGUE (WITH SUSSEX CRICKET FOUNDATION)
GOOD PRACTICE

- CHILD centered approach to all learning
- Meeting the children's health and therapy needs
- CHILD Aquatics Curriculum and Awards Scheme
- CHILD Rebound Therapy Curriculum
CHALLENGES

Access
- Practical issues
- Physical limitations
- Transport
- NGB’s

Attitudes
- Expectations
- Preconceptions
- Parental engagement issues