

## Useful School Swimming resources for teachers

The ASA have a range of useful school swimming resources to help improve school swimming lessons. Browse through the selection of **FREE** materials below and receive support to deliver quality, effective school swimming lessons

1. Advice to schools on the use of the Primary PE & Sports Premium. [Download it here](#) (PDF).
2. School Swimming Guidance. [Download it here](#) (PDF)
3. Advice to Parents on School Swimming. [Download it here](#) (PDF).
4. Advice regarding Disability and Special Educational Needs in School. [Download it here](#) (PDF).

### SCHOOL SWIMMING AUDIT AND OBSERVATION SHEETS

We also provide audit sheets for school swimming. These include a delivery planning sheet, pupil observation sheet, school audit form and more.

They are all held on one spreadsheet in Microsoft Excel format.

- [Click here](#) to download the school swimming audit example spreadsheets.

### LESSON PLANS

Below are a small range of sample lesson plans to help you with planning your school swimming lessons. All are Microsoft Word documents. Further lessons plans are available to Charter schools.

- [Click here](#) to download Lesson Plan Award 1
- [Click here](#) to download Lesson Plan Award 2
- [Click here](#) to download Lesson Plan Award 5
- [Click here](#) to download Water Safety Lesson Plan 1

### RESOURCES ONLY AVAILABLE TO CHARTER SCHOOLS

The ASA School Swimming Charter aims to create a direct relationship between the ASA and primary schools in England for the first time. We are encouraging schools to [sign up](#) to receive a comprehensive package of support from the ASA, including:

1. School Swimming Charter document - a printed brochure which explains the Charter in detail.
2. National Curriculum Resource Pack – a splash-proof folder containing three comprehensive guidance booklets on delivering school swimming.
3. Package of 140 badges and certificates covering Awards 1-4 (35 badges and 35 certificates per award), which are used to award to pupils on successful completion of each stage.
4. 70 x passports for pupils to record their progress, which can be used to show parents how their swimming is developing and can be used when moving to a new school. The Passports will include 35 stickers per Awards 1-4.



5. Package of Waterproof Guidance Cards for teachers to use on poolside which explain and illustrate the outcomes for each Award.
6. Aquasplash Festival Pack for organising a primary school swimming competition, including a splash proof guidance booklet, DVD and activity cards
7. A School Swimming resource bag use to store all of the physical resources.

A number of digital resources are also stored in an online library exclusively for Charter Schools to access. These include; templates for teachers to use in class with cross-curricular ideas; water safety presentations; video clips on how to introduce games into lessons and parents guides for web or email distribution. Charter schools will also be provided with our Resources Catalogue in order to purchase additional resources as and when they are needed. If your school is already signed up, request the Resources Catalogue by [emailing here](#).