

Badminton England Smash Up 2015 – *Physical wellbeing*



Smash-up was an out of School Hours initiative from [Badminton England](#) aimed at young people aged 13-16 year olds. This initiative combined music and badminton challenges that provided an alternative badminton experience comparative to traditional out of school hour's clubs.

Delivered by Coach – Tom Knowles from Warden Park School in Crawley, between 30-40 pupils attended on a weekly basis. This demand for badminton resulted in an additional club session being created.