

CASE STUDY

School: Herstmonceux CoE Primary School

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Focus: Implementing a Sports Committee

The School

- Herstmonceux CoE Primary is a rural, one form entry school.
- Based within the South Downs School Games area.
- It has just over 200 pupils on roll.

The PE Coordinator

- Sabrina has been PE Coordinator since 2010 and is also the year 2 teacher.
- Specialises in gymnastics.
- Coaches at the local cricket club.

Premium Impact

- Significantly improved the profile of PE and sport across the school.
- Shift away from more traditional sports.
- Increase in competition.



Highlights

- Implementation of a very successful Sports Committee (more information below).
- Raised £1360 for NSPCC through a sporting afternoon that every pupil and member of staff participated in.
- School Games GOLD for four successive years.
- **Active Sussex Primary School of the Year 2018.**

First Actions

- Focus on teacher CPD.

- Audited teachers to establish strengths and weaknesses.
- Utilised specialists in different areas/sports to upskill teachers.



Healthy Lifestyles

- Golden Mile currently run in conjunction with Premier.
- A large variety of activities are offered to engage as many pupils as possible.
- Change4Life club targeting least active pupils. 30 pupils attended in 17/18 (20% from the least active population).
- Alternative activities have included: street surfing, parkour, boccia, new age kurling and fencing.
- New activities this year will be: ultimate Frisbee and kinball.

CPD & Sustainability

- CPD targets individual needs.
- Premier are currently providing regular CPD to all class teachers.
- Teachers are audited annually by the school and termly by Premier to ensure sustainability and effectiveness of spending.
- 100% of staff have increased confidence in teaching gymnastics.
- 5% more pupils are working at greater depth for gymnastics.
- 14 pupils who had not engaged in any extra-curricular activity before, attended Gym club.

Partnership Work

- School Games Organiser offer competitions and training. 15 level 2 events across 9 different sports were attended in 17/18.
- Sussex Cricket Foundation provides clubs and *Chance to Shine* PE lessons.
- Albion in the Community provides clubs and opportunities to attend development sessions and trials (also attended by staff – even at weekends!).

Club Links

- Herstmonceux Cricket Club. Sabrina is also a coach here and the club shares their ground with the school ensuring a smooth school-to-club transition.
- 1066 Gymnastics.
- Hailsham Harriers Running Club.
- Skillz Sports Academy.

What's next?

- Maintain the high standard of KS2 provision, aiming for the School Games PLATINUM award in 2019.
- Focus on developing KS1 across all PE areas utilising the [Quality Start](#) award.
- Aim to achieve Quality Start Gold standard in 2019.
- Premier are already engaging with the local pre-school who will be invited to the school sports day for the first time this year.



Focus on implementing a Sports Committee

- In November 2017, Herstmonceux Primary school were awarded 'Primary School of the Year' at the Sussex Sports Awards.
- A large part of their success was down to the effective implementation and utilisation of their Sports Committee.

How did it begin?

- Each year, pupils from years 3-6 are selected to form the school's Sports Committee.
- Interested pupils must write a written application and perform a presentation in front of their class.
- Selected pupils are then voted in to the Committee by their classmates.
- 3 boys and 3 girls are selected from each class to ensure a variety of pupils are open to the opportunity.

What does the Sports Committee do?

- After training, the Sports Committee run a variety of level 1 competitions and personal challenges (level 0) during lunchtimes.
- They also attend weekly meetings with the PE Coordinator where they act as a pupil voice for all things active.
- The Sports Committee have decided what lunchtime competitions to run and what extra-curricular clubs the school offers.
- The Sports Committee have also held a parents' meeting to gain additional feedback.



What impact has the Sports Committee had?

- Last year a third of the Sports Committee had not engaged in extra-curricular clubs before.
- By the end of the year all of these pupils had both participated in clubs and taken part in competition.
- As a result of the parents' meeting a year 6 only Get Active club was established to target the least active year group.
- The club was an immediate success with the majority of the class participating and continues to be a firm fixture on the school's club timetable.

Are there any other leadership opportunities?

- Pupils also have the opportunity to become Play Leaders and offer extra opportunities for physical activity during playtimes.
- Every pupil in KS2 also gets the opportunity to learn to lead through their PE lessons.

More info

- [Sports Leaders UK](#)
- [School Games Organising Crews](#)

Top Tips

- Begin with a committee formed of keen KS2 children, suitable to take on additional responsibilities.
- Brand the committee through provision of a uniform/badge.
- Ensure the whole school are aware of their role.
- Give them a voice by allowing them to take ownership of the resources they buy/events they organise.
- Meet regularly so they have an ongoing school presence.
- Target those who are less active and seek out their opinion about how to make PE more engaging/fun.
- Provide 'perks' such as taster sessions for new clubs so that there is an incentive to want to remain an active member.
- Allow them to work/meet with SLT, Governors and parents so that the whole school community know who they are and what they do.