The School
• Herstmonceux CoE Primary is a rural, one form entry school.
• Based within the South Downs School Games area.
• It has just over 200 pupils on roll.

The PE Coordinator
• Sabrina has been PE Coordinator since 2010 and is also the year 2 teacher.
• Specialises in gymnastics.
• Coaches at the local cricket club.

Premium Impact
• Significantly improved the profile of PE and sport across the school.
• Shift away from more traditional sports.
• Increase in competition.

Healthy Lifestyles
• Golden Mile currently run in conjunction with Premier.
• A large variety of activities are offered to engage as many pupils as possible.
• Change4Life club targeting least active pupils. 30 pupils attended in 17/18 (20% from the least active population).
• Alternative activities have included: street surfing, parkour, boccia, new age kurling and fencing.
• New activities this year will be: ultimate Frisbee and kinball.

CPD & Sustainability
• CPD targets individual needs.
• Premier are currently providing regular CPD to all class teachers.
• Teachers are audited annually by the school and termly by Premier to ensure sustainability and effectiveness of spending.
• 100% of staff have increased confidence in teaching gymnastics.
• 5% more pupils are working at greater depth for gymnastics.
• 14 pupils who had not engaged in any extra-curricular activity before, attended Gym club.

First Actions
• Focus on teacher CPD.

Partnership Work
• School Games Organiser offer competitions and training. 15 level 2 events across 9 different sports were attended in 17/18.
• Sussex Cricket Foundation provides clubs and Chance to Shine PE lessons.
• Albion in the Community provides clubs and opportunities to attend development sessions and trials (also attended by staff – even at weekends!).

Club Links
• Herstmonceux Cricket Club. Sabrina is also a coach here and the club shares their ground with the school ensuring a smooth school-to-club transition.
• 1066 Gymnastics.
• Hailsham Harriers Running Club.
• Skillz Sports Academy.

What’s next?
• Maintain the high standard of KS2 provision, aiming for the School Games PLATINUM award in 2019.
• Focus on developing KS1 across all PE areas utilising the Quality Start award.
• Aim to achieve Quality Start Gold standard in 2019.
• Premier are already engaging with the local pre-school who will be invited to the school sports day for the first time this year.
Focus on implementing a Sports Committee

- In November 2017, Herstmonceux Primary school were awarded ‘Primary School of the Year’ at the Sussex Sports Awards.
- A large part of their success was down to the effective implementation and utilisation of their Sports Committee.

How did it begin?

- Each year, pupils from years 3-6 are selected to form the school’s Sports Committee.
- Interested pupils must write a written application and perform a presentation in front of their class.
- Selected pupils are then voted into the Committee by their classmates.
- 3 boys and 3 girls are selected from each class to ensure a variety of pupils are open to the opportunity.

What does the Sports Committee do?

- After training, the Sports Committee run a variety of level 1 competitions and personal challenges (level 0) during lunchtimes.
- They also attend weekly meetings with the PE Coordinator where they act as a pupil voice for all things active.
- The Sports Committee have decided what lunchtime competitions to run and what extra-curricular clubs the school offers.
- The Sports Committee have also held a parents’ meeting to gain additional feedback.

What impact has the Sports Committee had?

- Last year a third of the Sports Committee had not engaged in extra-curricular clubs before.
- By the end of the year all of these pupils had both participated in clubs and taken part in competition.
- As a result of the parents’ meeting a year 6 only Get Active club was established to target the least active year group.
- The club was an immediate success with the majority of the class participating and continues to be a firm fixture on the school’s club timetable.

Are there any other leadership opportunities?

- Pupils also have the opportunity to become Play Leaders and offer extra opportunities for physical activity during playtimes.
- Every pupil in KS2 also gets the opportunity to learn to lead through their PE lessons.

More info

- Sports Leaders UK
- School Games Organising Crews

Top Tips

- Begin with a committee formed of keen KS2 children, suitable to take on additional responsibilities.
- Brand the committee through provision of a uniform/badge.
- Ensure the whole school are aware of their role.
- Give them a voice by allowing them to take ownership of the resources they buy/events they organise.
- Meet regularly so they have an ongoing school presence.
- Target those who are less active and seek out their opinion about how to make PE more engaging/fun.
- Provide ‘perks’ such as taster sessions for new clubs so that there is an incentive to want to remain an active member.
- Allow them to work/meet with SLT, Governors and parents so that the whole school community know who they are and what they do.