Primary School Providers Directory 2020

Many providers operate across Sussex providing everything from extracurricular clubs to PPA cover to online resources. Active Sussex do not endorse any provider and stress that schools follow usual staff recruitment procedures to ensure high quality delivery and that anyone working with your pupils meet the minimum standards for coaching.

These providers have been categorised into the following areas:

- National Partners
- Physical Education CPD
- Curriculum Support and Assessment
- Sports and Extra Curricular Clubs
- Physical Activity
- Health and Wellbeing
- Online Resources
- Offsite Activities

### National Partners

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Support Available</th>
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</table>
| ![afPE Logo](logo.png) **The Association for Physical Education (afPE)** | The Association for Physical Education (afPE) is the only representative PE subject Association in the UK. afPE offer support around the PPSP premium, membership and insurance packages, PE coordinator and teacher CPD and advice on ensuring safe practice within PE lessons.  
You can also apply for [afPE’s Quality Mark](mailto:enquiries@afpe.org.uk) - a prestigious award that will evidence the strength and quality of physical education and sport in your school.  
W: [www.afpe.org.uk](http://www.afpe.org.uk)  
E: [enquiries@afpe.org.uk](mailto:enquiries@afpe.org.uk)  
T: 01905 855 584 |
| ![YST Logo](logo.png) **The Youth Sport Trust (YST)** | The Youth Sport Trust (YST) are a national charity that offer a multitude of support for schools with regards to PE and Sport. This includes lesson resources, CPD courses, equipment, athlete mentor visits, membership packages and accreditation options.  
School membership begins from £200 for 2018/19.  
W: [www.youthsporttrust.org](http://www.youthsporttrust.org)  
E: [info@youthsporttrust.org](mailto:info@youthsporttrust.org)  
T: 01509 226 600 |
## Physical Education CPD

<table>
<thead>
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| **Activ8**                        | *Organisation* Support Available  
Activ8 provide a range of services to schools in Worthing, Lancing, Brighton, Angmering and the surrounding area. They offer after school clubs and a wide range of support to teaching staff in schools, including CPD, action plans and curriculum support.  
Area they work in/ have capacity to work in: **Brighton & Hove and West Sussex**  
W: [http://www.activ8forkids.co.uk/](http://www.activ8forkids.co.uk/)  
E: info@activ8forkids.co.uk  
T: 07711 387 740                                                                                                                                                                                                                                     |
| **Albion in the Community**       | *Organisation* Support Available  
Albion in the Community are the official charity of Brighton & Hove Albion Football Club. They use the power of football and the brand of Brighton & Hove Albion to deliver accessible opportunities that improve the health and wellbeing, education and aspirations of our community.  
They work with primary, special and secondary schools across Sussex and can: deliver curriculum support using football-themed lessons in PE, numeracy, literacy, PSHE and enterprise; offer extended learning opportunities such as out of school hours clubs, competitions and enrichment days at the American Express Community Stadium; and provide a range of community and pathway opportunities to get young people involved in football, regardless of ability or background.  
Area they work in/ have capacity to work in: **Across Sussex**  
W: [www.albioninthecommunity.org.uk](http://www.albioninthecommunity.org.uk)  
E: schools@albioninthecommunity.org.uk  
T: 01273 878 265                                                                                                                                                                                                                                     |
| **Aspire Coaching Limited**       | *Organisation* Support Available  
Aspire Coaching Limited has been providing Primary School PE and School Sports for the last 18 years in the Rother Valley area of West Sussex. This includes PPA cover and PE lessons, delivering a broad range of activities to meet the needs of the PE curriculum, extra-curricular clubs, gifted and talented sessions and holiday courses. Their coaches hold PE and School Sports certificates from levels 3 to 5 as well as Multi-Skills and NGB level 2 certificates.  
Area they work in/ have capacity to work in: **West Sussex**  
W: [www.aspirecoaching.org.uk](http://www.aspirecoaching.org.uk)  
E: info@aspirecoaching.org.uk  
T: 01420 487456                                                                                                                                                                                                                                     |
| **Balanceability**                | *Organisation* Support Available  
Balanceability provides an accredited Foundation Stage 'Learn to Cycle' programme for Reception and Year 1 children. The programme is designed to help children gain the confidence and skills required to ride a pedal bike independently. Their programme combines unique ergonomic balance bikes with a schedule of fun activities that build confidence, spatial awareness and dynamic balance skills enabling young children to cycle without ever needing stabilisers.  
Area they work in/ have capacity to work in: **Across Sussex**  
E: info@balanceability.com  
T: 01242 504525                                                                                                                                                                                                                                     |
Boom Active is made up of a team of highly qualified, experienced and passionate P.E specialists that thrive on creating innovative and ultimately FUN ways of getting children active and involved in sports. Their team work with primary schools to provide outstanding PE lessons (CPD and PPA cover) as well as extra-curricular clubs such as before school, lunch and after school sessions. Each coach will present an end of term evaluation report on the children’s development and progress to help support the schools records.

Area they work in/ have capacity to work in: **East Sussex**

**W:** BASPORTSEDUCATION.co.uk
**E:** laila@boomactive.co.uk
**T:** 07465 423 188

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Brighton Junior Golf deliver PLAY Golf Experience Days in schools as whole school or targeted year group experiences engaging all children and creating leadership roles during the day for older year groups. They use specialist equipment to deliver breakfast, lunch and after school clubs as well as curriculum and enrichment sessions.

Area they work in/ have capacity to work in: **PLAY Golf Experiences anywhere in the south of England and school clubs in Brighton and Mid Sussex.**

**W:** www.brightonjuniorgolf.co.uk
**E:** info@brightonjuniorgolf.co.uk
**T:** 01273 921 135

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Crawley Town Community Foundation is Crawley Town FC’s charitable arm. Using the power of sport and the club brand to engage with the community, their work is involved with health and wellbeing, mentoring, volunteering, education, training, enterprise, employment, regeneration and community safety. They offer extra-curricular provision, teacher CPD & PE support, Early Years Fundamental Movement Skills, health education and the Premier League Primary Stars programme.

Area they work in/ have capacity to work in: **Crawley and surrounding areas, Horsham & Mid-Sussex**

**W:** http://www.ctcommunityfoundation.com
**E:** Schools@crawleytownfc.com
**T:** 01293 410000 ext 4

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Create Development take an innovative, holistic approach to teaching PE to KS1 and KS2. Their training and resources support schools to transform the culture of physical activity. Their unique, inclusive approaches create habits and develop essential behaviours, physical literacy, emotional and thinking skills in every child. They have a number of high quality programmes for schools such as Real PE, Real Gym and Real Play. They will come to your school and work with your staff as part of an inset day and specialise in multi skill sessions.

Area they work in/ have capacity to work in: **Across Sussex**

**W:** https://www.createdevelopment.co.uk/
**E:** info@createdevelopment.co.uk
**T:** 020 8863 0304
| **E3 Adventures** | are providers of outdoor learning and adventure education that can help schools find new and different gateways for their pupils to be more active outdoors. The activity packages are specifically designed and delivered to include the aim of engaging the least active pupils. E3 Adventures offer multi skills and assessment delivery, Change4Life activities and teacher CPD/INSET Training. They also deliver onsite adventure days including archery, team building, orienteering and tree climbing.  

**Area they work in/ have capacity to work in:** Across Sussex  

**W:** [http://www.e3adventures.com/primary-school/](http://www.e3adventures.com/primary-school/)  
**E:** office@e3adventures.com  
**T:** 07792 826 655 |
|---|---|
| **First Class Sport** | was established in 2005 to better serve the sporting and PE needs of local primary schools and families. All coaches are qualified to at least NGB Level 2 in one or more sports and have undergone thorough training on how to deliver PE rather than coaching sports. **First Class Football** was established in 2003 and have worked with over 75 primary and secondary schools in the South East. They provide a variety of football coaching solutions, which will easily integrate into your existing school schedule.  

**Area they work in/ have capacity to work in:** East Sussex  

**W:** [www.firstclasssport.com](http://www.firstclasssport.com) / [www.firstclassfootball.com](http://www.firstclassfootball.com)  
**E:** info@firstclasssport.com / info@firstclassfootball.com  
**T:** 07740 703 397 / 07929 861 394 |
| **Horsham District Sports Development** | Horsham Sports Development is a section of Horsham District Council's Community Services Department. They aim to increase the quantity and quality of sport and active recreation opportunities available to people in the Horsham District. They work with clubs, schools and various other agencies.  

**W:** [https://www.hdsd.org.uk/](https://www.hdsd.org.uk/)  
**E:** sports.development@horsham.gov.uk  
**T:** 01403 215 640 |
| **Marlow Sports** | aim to deliver whole school improvement through PE and sustainable teacher training within own school surroundings. They specialise in working with children that have special educational needs and have a long track record of providing high quality programmes. They have a new Orienteering programme bespoke to every school.  

**Area they work in/ have capacity to work in:** Across Sussex  

**W:** [http://www.marlowsports.co.uk/](http://www.marlowsports.co.uk/)  
**E:** gary@marlowsports.co.uk  
**T:** 01403 296 649 |
| **Premier Education** | Group offer a range of services to schools including PPA cover, teacher CPD, PE delivery, swimming, extra-curricular clubs in a wide range of sports, holiday courses and the Golden Mile.  

**Area they work in/ have capacity to work in:** Across Sussex  

**W:** [www.premier-education.com/schools](http://www.premier-education.com/schools)  
**E:** ajoinson@premier-education.com (East Sussex)  
**E:** sbarton@premier-education.com (West Sussex)  
**T:** 01424 223 476 / 01953 499 040 |
<table>
<thead>
<tr>
<th><strong>Quest</strong></th>
<th><strong>South Coast Elite Basketball</strong></th>
<th><strong>South Coast Sports</strong></th>
<th><strong>University of Brighton</strong></th>
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<td>Quest provide local schools in the Hastings area with a comprehensive, high quality programme of education and training, increasing the opportunities for children to enjoy being physically active. Their programmes include: PE teacher CPD, Balanceability, INSET training, This Girl Can, Mind Fitness, PE Planning &amp; Assessment and Sports Leadership.</td>
<td><strong>South Coast Elite Basketball</strong> are well established in Brighton and Hove with active links with 28 Primary Schools, 8 Secondary Schools and 2 Sixth Form Colleges. They work to engage, educate and inspire through the power of Basketball. They deliver PE curriculum support (free taster session available), extra-curricular basketball sessions, school tournaments and a city league. They also run a basketball academy and run basketball holidays camps throughout the school holidays.</td>
<td><strong>South Coast Sports</strong> work with schools across the county and offer: PPA cover, PE mentoring, sports leader training, referee’s academy and extra-curricular clubs. Additionally, SCS can also provide children’s yoga and community projects.</td>
<td>The <strong>School of Sport and Service Management</strong>, at the University of Brighton, has been educating PE teachers for more than 110 years; they are recognised for their training provision locally, nationally and internationally. They offer a vast range of affordable primary school PE and sport short courses and initiatives. Working alongside staff, they will help you provide high quality PE and sport to your pupils. Check out their <a href="https://www.brighton.ac.uk/business-services/community-consultation/sescu/services-for-schools-and-colleges.aspx">schools brochure</a></td>
</tr>
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<td>Area they work in/ have capacity to work in: Hastings, St. Leonards and Bexhill</td>
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Area they work in/ have capacity to work in: Brighton & Hove and West Sussex

W: [http://www.activ8forkids.co.uk/](http://www.activ8forkids.co.uk/)
E: info@activ8forkids.co.uk
T: 07711 387 740

Complete P.E. is an interactive planning and assessment resource, which supports high quality teaching and learning across all key stages (EYFS, KS1 and KS2) of the Physical Education National Curriculum.

Area they work in/ have capacity to work in: Across Sussex (Online Resource)

W: [www.completepereresource.com](http://www.completepereresource.com)
E: completepe@allforsport.co.uk
T: 01707 226 201

Create Development take an innovative, holistic approach to teaching PE to KS1 and KS2. Their training and resources support schools to transform the culture of physical activity. Their unique, inclusive approaches create habits and develop essential behaviours, physical literacy, emotional and thinking skills in every child. They have a number of high quality programmes for schools such as Real PE, Real Gym and Real Play. They will come to your school and work with your staff as part of an inset day and specialise in multi skill sessions.

Area they work in/ have capacity to work in: Across Sussex

W: [https://www.createdevelopment.co.uk/](https://www.createdevelopment.co.uk/)
E: info@createdevelopment.co.uk
T: 020 8863 0304

Get Set 4 PE was founded by Kathryn Whittall and Natalie Richardson who have both spent over ten years in primary education since completing their PGCE in 2008. Their vision was to design a resource to connect teachers and pupils to high quality PE, with everything needed in one place. The aim was to create a platform that is simple and easy to use, saving teachers significant time on planning and assessment, whilst increasing their confidence in delivery.

Area they work in/have capacity to work in: Across Sussex (Online Resource)

W: [www.getset4pe.co.uk](http://www.getset4pe.co.uk)
E: admin@getset4pe.co.uk
T: 0203 4881798
Primary PE Passport

Created by primary school teachers specialising in PE, with over 1000 progressive and editable video and diagram-supported lesson plans based on Early Years and National Curriculum outcomes, Primary PE Passport is a unique, innovative, intuitive app providing wide-ranging and time-saving resources to support staff. It gives teachers the tools they need to plan, deliver, assess, evidence, monitor and moderate high quality PE, and track engagement and participation in extra-curricular physical activities and school sport.

Area they work in/ have capacity to work in: Across Sussex (Online Resource)

W: www.primarypepassport.co.uk  
E: nick.priestley@primarypepassport.co.uk  
T: 0800 055 6550

Quest

Quest provide local schools in the Hastings area with a comprehensive, high quality programme of education and training, increasing the opportunities for children to enjoy being physically active. Their programmes include: PE teacher CPD, Balanceability, INSET training, This Girl Can, Mind Fitness, PE Planning & Assessment and Sports Leadership.

Area they work in/ have capacity to work in: Hastings, St. Leonards and Bexhill

W: www.questpeandsport.com  
E: questpeandsport@gmail.com

Teach, Learn, Grow – Physical Education

Teach, Learn, Grow – Physical Education is a resource offering advice and support in planning, delivery and assessment of Primary School PE. With fully planned schemes of work, detailed tutorials, a bespoke assessment database, professional CPD and expert support; the resource provides primary teachers with the knowledge, motivation, skill and confidence to deliver an outstanding PE curriculum. It focuses on providing a whole school approach to physical education and tracks the development of both the pupils and teaching staff.

Area they work in/ have capacity to work in: Across Sussex (Online Resource)

W: tlg-pe.co.uk/schools/  
E: info@tlg-pe.co.uk  
T: 0800 0029280

The PE Suite

The PE Suite is an innovative teaching resource with over 500 video demonstrations covering key physical skills and activities across the primary PE curriculum. The online tutorial video library is supported by high quality CPD training and planning, assessment and evidence resources. They aim to empower all teachers; regardless of age, experience or physical dexterity to lead and facilitate outstanding PE.

Area they work in/ have capacity to work in: Across Sussex (Online Resource)

W: http://thepesuite.com/  
E: info@thepesuite.com  
T: 023 9298 9285

Twinkl Move

Twinkl Move is an empowering teaching package that provides a complete breadth of planning from Reception through to Key Stage 2. This easy to use tool-kit offers full PE schemes of work and CPD content, all written by experienced primary teachers to help increase confidence, skills and knowledge. With Twinkl Move you can build a rich and engaging PE curriculum, using resources that include, interactive PowerPoints, lesson plans, home-learning tasks, aims posters, assessment packs, learning journeys and differentiation cards.

Area they work in/ have capacity to work in: Across Sussex (Online Resource)

W: www.twinkl.co.uk/resources/twinkl-move
### Activ8

**Description:** Provide a range of services to schools in Worthing, Lancing, Brighton, Angmering and the surrounding area. They offer after school clubs and a wide range of support to teaching staff in schools, including CPD, action plans and curriculum support.

**Area they work in/ have capacity to work in:** Brighton & Hove and West Sussex

**Contact:**
- W: [http://www.activ8forkids.co.uk/](http://www.activ8forkids.co.uk/)
- E: info@activ8forkids.co.uk
- T: 07711 387 740

### Albion in the Community

**Description:** Are the official charity of Brighton & Hove Albion Football Club. They use the power of football and the brand of Brighton & Hove Albion to deliver accessible opportunities that improve the health and wellbeing, education and aspirations of our community.

They work with primary, special and secondary schools across Sussex and can: deliver curriculum support using football-themed lessons in PE, numeracy, literacy, PSHE and enterprise; offer extended learning opportunities such as out of school hours clubs, competitions and enrichment days at the American Express Community Stadium; and provide a range of community and pathway opportunities to get young people involved in football, regardless of ability or background.

**Area they work in/ have capacity to work in:** Across Sussex

**Contact:**
- W: [www.albioninthecommunity.org.uk](http://www.albioninthecommunity.org.uk)
- E: schools@albioninthecommunity.org.uk
- T: 01273 878 265

### Aspire Coaching Limited

**Description:** Has been providing Primary School PE and School Sports the last 18 years in the Rother Valley area of West Sussex. This includes PPA cover and PE lessons, delivering of a broad range of activities to meet the needs of the PE curriculum, extra-curricular clubs, gifted and talented sessions and holiday courses. Our coaches hold PE and School Sports certificates from levels 3 to 5 as well as Multi-Skills and NGB level 2 certificates.

**Area they work in/ have capacity to work in:** West Sussex

**Contact:**
- W: [www.aspirecoaching.org.uk](http://www.aspirecoaching.org.uk)
- E: info@aspirecoaching.org.uk
- T: 01420 487456

### Boom Active

**Description:** Is made up of a team of highly qualified, experienced and passionate P.E specialists that thrive on creating innovative and ultimately FUN ways of getting children active and involved in sports. Their team work with primary schools to provide outstanding PE lessons (CPD and PPA cover) as well as extra-curricular clubs such as before school, lunch and after school sessions. Each coach will present an end of term evaluation report on the children’s development and progress to help support the schools records.

**Area they work in/ have capacity to work in:** East Sussex

**Contact:**
- W: [BASPORTSEDUCATION.co.uk](http://BASPORTSEDUCATION.co.uk)
- E: laila@boomactive.co.uk
- T: 07465 423 188
**Brighton Junior Golf** deliver PLAY Golf Experience Days in schools as whole school or targeted year group experiences engaging all children and creating leadership roles during the day for older year groups. They use specialist equipment to deliver breakfast, lunch and after school clubs as well as curriculum and enrichment sessions.

Area they work in/ have capacity to work in: **PLAY Golf Experiences anywhere in the south of England and school clubs in Brighton and Mid Sussex.**

W: [www.brightonjuniorgolf.co.uk](http://www.brightonjuniorgolf.co.uk)
E: info@brightonjuniorgolf.co.uk
T: 01273 921 135

**Community Basketball Initiative** are a non-profit group dedicated to provide and enhance basketball opportunities for young people in poor communities in the South of England. They target recognised areas of deprivation and areas where basketball participation is low or non-existent.

Area they work in/ have capacity to work in: **East Sussex**

W: [https://www.communitybasketball.org/](https://www.communitybasketball.org/)
E: tellomiguel9@gmail.com

**Crawley Town Community Foundation** is Crawley Town FC’s charitable arm. Using the power of sport and the club brand to engage with the community, their work is involved with health and wellbeing, mentoring, volunteering, education, training, enterprise, employment, regeneration and community safety. They offer extra-curricular provision, teacher CPD & PE support, Early Years Fundamental Movement Skills, health education and the Premier League Primary Stars programme.

Area they work in/ have capacity to work in: **Crawley and surrounding areas, Horsham & Mid-Sussex**

W: [http://www.ctcommunityfoundation.com](http://www.ctcommunityfoundation.com)
E: Schools@crawleytownfc.com
T: 01293 410000 ext 4

**Crowborough Netball** is a not-for-profit netball club working in the North Wealden area. They deliver netball coaching sessions both in and out of school and will also support teachers with netball coaching during school time or through an intensive course.

Area they work in/ have capacity to work in: **North Wealden**

W: [www.crowboroughnetball.com](http://www.crowboroughnetball.com)
E: hello@crowboroughnetball.com
T: 07931 980 377

**First Class Sport** was established in 2005 to better serve the sporting and PE needs of local primary schools and families. All coaches are qualified to at least NGB Level 2 in one or more sports and have undergone thorough training on how to deliver PE rather than coaching sports. **First Class Football** was established in 2003 and have worked with over 75 primary and secondary schools in the South East. They provide a variety of football coaching solutions, which will easily integrate into your existing school schedule.

Area they work in/ have capacity to work in: **East Sussex**

W: [www.firstclasssport.com](http://www.firstclasssport.com) / [www.firstclassfootball.com](http://www.firstclassfootball.com)
E: info@firstclasssport.com / info@firstclassfootball.com
T: 07740 703 397 / 07929 861 394
Hedgehogtri run a range of triathlons from junior to adult level. Paul Hedger created Hedgehogtri in 1997 and has set up and organised events at venues all over the Sussex area, from village runs to Triathlons with over 600+ competitors. They have experience of running mini triathlons for primary schools too.

Area they work in/ have capacity to work in: **Mid Sussex and parts of East & West Sussex**

W: [http://www.kidstri.co.uk](http://www.kidstri.co.uk)  (children)
E: paul@hedgehogtri.uk
T: 07920 141 631

Horsham Sports Development

Horsham Sports Development is a section of Horsham District Council's Community Services Department. They aim to increase the quantity and quality of sport and active recreation opportunities available to people in the Horsham District. They work with clubs, schools and various other agencies.

W: [https://www.hdsd.org.uk/](https://www.hdsd.org.uk/)
E: sports.development@horsham.gov.uk
T: 01403 215 640

Marlow Sports aim to deliver whole school improvement through PE and sustainable teacher training within own school surroundings. They specialise in working with children that have special educational needs and have a long track record of providing high quality programmes. They have a new Orienteering programme bespoke to every school.

Area they work in/ have capacity to work in: **Across Sussex**

W: [http://www.marlowsports.co.uk/](http://www.marlowsports.co.uk/)
E: gary@marlowsports.co.uk
T: 01403 296 649

Premier Education Group offer a range of services to schools including PPA cover, teacher CPD, PE delivery, swimming, extra-curricular clubs in a wide range of sports, holiday courses, and the Golden Mile.

Area they work in/ have capacity to work in: **Across Sussex**

W: [http://www.premier-education.com/for-schools](http://www.premier-education.com/for-schools)
E: ajoinson@premier-education.com  (East Sussex)
E: sbarton@premier-education.com  (West Sussex)
T: 01424 223 476 / 01953 499 040

Quest provide local schools in the Hastings area with a comprehensive, high quality programme of education and training, increasing the opportunities for children to enjoy being physically active. Their programmes include: PE teacher CPD, Balanceability, INSET training, This Girl Can, Mind Fitness, PE Planning & Assessment and Sports Leadership.

Area they work in/ have capacity to work in: **Hastings, St. Leonards and Bexhill**

W: [www.questpeandsport.com](http://www.questpeandsport.com)
E: questpeandsport@gmail.com
The **Russell Martin Foundation** is a registered charity which provides sport, education and opportunity to young people across Sussex. Through their Academy strand the Russell Martin Foundation delivers a variety of school football provision to primary schools across the county. It provides top class, elite coaching at grassroots level to boys and girls of all abilities aged 5-16 through a range of different coaching methods, challenges and activities.

**Area they work in/ have capacity to work in:** Across Sussex

**W:** [www.russellmartinfoundation.co.uk](http://www.russellmartinfoundation.co.uk)

**E:** [info@rmfoundation.co.uk](mailto:info@rmfoundation.co.uk)

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Scoot Fit is a sporting activity using push scooters to improve health and fitness in nurseries and schools. They can provide one off sessions, scooter experience days or something more permanent for your school or nursery. Scoot Fit will provide a new activity for school pupils plus an alternative form of active travel.

**Area they work in/ have capacity to work in:** Across Sussex

**W:** [www.scootfit.co.uk](http://www.scootfit.co.uk)

**E:** [james@scootfit.co.uk](mailto:james@scootfit.co.uk)

**T:** 07960 885 083

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**South Coast Elite Basketball** are well established in Brighton and Hove with active links with 28 Primary Schools, 8 Secondary Schools and 2 Sixth Form Colleges. They work to engage, educate and inspire through the power of Basketball. They deliver PE curriculum support (free taster session available), extra-curricular basketball sessions, school tournaments and a city league. They also run a basketball academy and run basketball holidays camps throughout the school holidays.

**Area they work in/ have capacity to work in:** Brighton & Hove and surrounding areas

**W:** [www.southcoastelitebasketball.com](http://www.southcoastelitebasketball.com)

**E:** [tom@southcoastelitebasketball.com](mailto:tom@southcoastelitebasketball.com)

**T:** 07808 065 487

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**South Coast Sports** work with schools across the county and offer: PPA cover, PE mentoring, sports leader training, referee’s academy and extra-curricular clubs. Additionally, SCS can also provide children’s yoga and community projects.

**Area they work in/ have capacity to work in:** Across Sussex

**W:** [https://southcoastsports.org.uk/schools/](https://southcoastsports.org.uk/schools/)

**E:** [info@southcoastsports.org.uk](mailto:info@southcoastsports.org.uk)

**T:** 07908 848 802

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**Sussex Cricket Foundation** is the charitable arm of Sussex County Cricket Club that develops the recreational and community side of cricket. They have a very good reputation across Sussex for high quality school delivery, with 215 active primary school links across Sussex. They have a number of primary school programmes including KS1 & KS2 multi skills, extra-curricular provision, PE curriculum support, competition delivery and their healthy mind, healthy body programme.

**Area they work in/ have capacity to work in:** Across Sussex

**W:** [http://sussexcricketfoundation.co.uk/](http://sussexcricketfoundation.co.uk/)

**E:** [gary.wallis-tayler@sussexcricket.co.uk](mailto:gary.wallis-tayler@sussexcricket.co.uk)

**T:** 01273 827114
Wave are working with primary schools in Lewes District and Eastbourne delivering sessions for Health Improvement Plans, extracurricular clubs and health and wellbeing initiatives. They work across all ages of education in providing opportunities in physical activity with pathways into regular participation. This includes extracurricular provision, competitions delivery, taster sessions and adapted sessions to enhance curricular subjects.

Area they work in/ have capacity to work in: **East Sussex**

W: [www.waveleisure.co.uk](http://www.waveleisure.co.uk)
E: david.wright@waveleisure.co.uk
T: 01323 408 857

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**Physical Activity**

**Balanceability** provides an accredited Foundation Stage 'Learn to Cycle' programme for Reception and Year 1 children. The programme is designed to help children gain the confidence and skills required to ride a pedal bike independently. Their programme combines unique ergonomic balance bikes with a schedule of fun activities that build confidence, spatial awareness and dynamic balance skills enabling young children to cycle without ever needing stabilisers.

Area they work in/ have capacity to work in: **Across Sussex**

E: info@balanceability.com
T: 01242 504525

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Cosmic Kids make yoga and mindfulness fun and engaging for children. As an online resource you can watch yoga, mindfulness and relaxation videos for free. Cosmic kids also offer online teacher training and lesson plan resources.

Area they work in/ have capacity to work in: **Across Sussex (Online Resource)**

W: [www.cosmickids.com](http://www.cosmickids.com)
E: support@cosmickids.com

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**E3 Adventures** are providers of outdoor learning and adventure education that can help schools find new and different gateways for their pupils to be more active outdoors. The activity packages for KS1 and KS2 pupils are specifically designed and delivered to include the aim of engaging the least active/less engaged pupils. E3 Adventures offer multi skills and assessment delivery, Change4Life activities and teacher CPD/INSET Training

Area they work in/ have capacity to work in: **Across Sussex**

E: office@e3adventures.com
T: 07792 826 655
EduMove is a social enterprise that promotes movement driven learning or the Physically Active Teaching and Learning (PATL) pedagogy which enriches the educational experience and test scores for all children while promoting physical and mental health via increased physical activity.

Area they work in/ have capacity to work in: Across Sussex

W: [www.edumove.co.uk](http://www.edumove.co.uk)
E: [info@edumove.co.uk](mailto:info@edumove.co.uk)
T: 07549 869 847

Imoves is the first evidence-based approach to boosting grades and creating happier, healthier learners through activity! A digital platform with over 1,000 cross-curricular lessons and activities to support active learning. The resources include national curriculum-based lesson plans, demonstration movies, music and flashcards.

Area they work in/ have capacity to work in: Across Sussex (Online Resource)

W: [www.imoves.com](http://www.imoves.com)
E: [enquiries@imoves.com](mailto:enquiries@imoves.com)
T: 01142 661 061

Maths of the Day is an online resource which provides teachers with 2000+ lesson plans and resources on how to deliver the whole of the maths curriculum through physical activity. The resource works in partnership with the Youth Sport Trust and is proven to impact on levels of physical activity as well as standards within mathematics.

Area they work in/ have capacity to work in: Across Sussex (Online Resource)

W: [www.mathsoftheday.org.uk](http://www.mathsoftheday.org.uk)
E: [maths@motd.org.uk](mailto:maths@motd.org.uk)
T: 01244 515 556

OPAL (Outdoor Play and Learning) supports primary schools to dramatically improve the quality of play times, with a consequent beneficial impact on lunchtime behaviour, engagement, learning, personal development and physical activity/literacy. The OPAL Primary Programme is designed specifically for primary schools to support long term improvement of outdoor play for all children.

Area they work in/ have capacity to work in: Across Sussex

W: [outdoorplayandlearning.org.uk](http://outdoorplayandlearning.org.uk)
E: [outdoorplayandlearning@gmail.com](mailto:outdoorplayandlearning@gmail.com)
T: 07870 284 517

Premier Education Group offer a range of services to schools including PPA cover, teacher CPD, PE delivery, swimming, extra-curricular clubs in a wide range of sports, holiday courses, and the Golden Mile.

Area they work in/ have capacity to work in: Across Sussex

W: [http://www.premier-education.com/for-schools](http://www.premier-education.com/for-schools)
E: [ajoinson@premier-education.com](mailto:ajoinson@premier-education.com) (East Sussex)
E: [sbarton@premier-education.com](mailto:sbarton@premier-education.com) (West Sussex)
T: 01424 223 476 / 01953 499 040
**Quest**

Quest provide local schools in the Hastings area with a comprehensive, high quality programme of education and training, increasing the opportunities for children to enjoy being physically active. Their programmes include: PE teacher CPD, Balanceability, INSET training, This Girl Can, Mind Fitness, PE Planning & Assessment and Sports Leadership.

Area they work in/ have capacity to work in: Hastings, St. Leonards and Bexhill

W: [www.questpeandsport.com](http://www.questpeandsport.com)
E: [questpeandsport@gmail.com](mailto:questpeandsport@gmail.com)

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**SKATEABILITY & SCOOTABILITY**

Skateability and Scootability offer courses to help familiarise young people with the key skills needed to ride safely. They provide all necessary equipment including: skateboards, scooters, pads and helmets. Lessons can take place at school as part of the curriculum and focus on the Safety Gear, team work, balance, determination and creativity along with the key skills.

Area they work in/ have capacity to work in: Across Sussex

W: [skateability.org.uk](http://skateability.org.uk) and [scootability.org.uk](http://scootability.org.uk)
T: 0845 51 98 398

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**Scoot Fit**

Scoot Fit is a sporting activity using push scooters to improve health and fitness in nurseries and schools. Their sessions focus on road safety, pedestrians, pavement scooting, manners and general safety. They can provide one off sessions, scooter experience days or something more permanent for your school or nursery. Scoot Fit will provide a new activity for school pupils plus an alternative form of active travel.

Area they work in/ have capacity to work in: Across Sussex

W: [www.scootfit.co.uk](http://www.scootfit.co.uk)
E: [james@scootfit.co.uk](mailto:james@scootfit.co.uk)
T: 07960 885 083

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**Skip2Bfit**

Skip2Bfit promote skipping as a fitness activity for everybody. They work with schools, public health and community and corporate events. Their Youth Sport Trust award winning skipping workshops use our specially designed counting skipping ropes to incorporate numeracy whilst promoting fitness and healthy living. They offer one day skipping workshops and 6 week delivery programmes as well as the Box2Bfit workshops.

Area they work in/ have capacity to work in: Across Sussex

W: [http://skip2bfit.com/school-workshops](http://skip2bfit.com/school-workshops)
E: [info@skip2bfit.com](mailto:info@skip2bfit.com)
T: 01843 603 020

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**Urban Smoothie Bikes**

Urban Smoothie Bikes provide pedal powered smoothie events for schools. They offer an interactive and exciting activity to support the teaching of any topics relating to health, wellbeing and exercise. They have the capacity to provide workshops and lesson plans in line with the National Curriculum.

Area they work in/ have capacity to work in: Across Sussex

W: [www.urbansmoothiebikes.co.uk](http://www.urbansmoothiebikes.co.uk)
E: [info@urbansmoothiebikes.co.uk](mailto:info@urbansmoothiebikes.co.uk)
T: 02086 848 051
**Children Inspired by Yoga** offer a multi-sensory yoga programme for Nurseries, Reception, and Primary Key Stage 1 and 2. Their classes provide an alternative inclusive physical activity and include movement, mindfulness and relaxation strategies for learning and life. Classes are fully aligned to the curriculum. They can offer PE & PPA Sessions with a Sustainable Impact; Pupil Premium, Additional Needs & Transition Groups; Lunch-time and/or After School clubs; Theme Weeks, Topic Work, Festivals & Celebrations.

Area they work in/ have capacity to work in: **East Grinstead, Forest Row, Haywards Heath, Burgess Hill, Uckfield, Ringmer, Lewes, Brighton and Hove**

W: [www.childreninspiredbyyoga.com/midsussex](http://www.childreninspiredbyyoga.com/midsussex)
E: midsussex@tattybumpkin.com
T: 07977 479182

**Cosmic Kids** make yoga and mindfulness fun and engaging for children. As an online resource you can watch yoga, mindfulness and relaxation videos for free. Cosmic kids also offer online teacher training and lesson plan resources.

Area they work in/ have capacity to work in: **Across Sussex (Online Resource)**

W: [www.cosmickids.com](http://www.cosmickids.com)
E: support@cosmickids.com

**Crawley Town Community Foundation** is Crawley Town FC’s charitable arm. Using the power of sport and the club brand to engage with the community, their work is involved with health and wellbeing, mentoring, volunteering, education, training, enterprise, employment, regeneration and community safety. They offer extra-curricular provision, teacher CPD & PE support, Early Years Fundamental Movement Skills, health education and the Premier League Primary Stars programme.

Area they work in/ have capacity to work in: **Crawley and surrounding areas, Horsham & Mid-Sussex**

W: [http://www.ctcommunityfoundation.com](http://www.ctcommunityfoundation.com)
E: Schools@crawleytownfc.com
T: 01293 410000 ext 4

**Quest** provide local schools in the Hastings area with a comprehensive, high quality programme of education and training, increasing the opportunities for children to enjoy being physically active. Their programmes include: PE teacher CPD, Balanceability, INSET training, This Girl Can, Mind Fitness, PE Planning & Assessment and Sports Leadership.

Area they work in/ have capacity to work in: **Hastings, St. Leonards and Bexhill**

W: [www.questpeandsport.com](http://www.questpeandsport.com)
E: questpeandsport@gmail.com

**Sprite Yoga** deliver high quality yoga sessions in schools and the community. They can provide regular yoga sessions as part of the PE curriculum for any year group, after school yoga clubs, whole school wellbeing/PHSE days, staff CPD and staff wellbeing to support the teaching of yoga and mindfulness approaches in primary education.

Area they work in/ have capacity to work in: **Brighton & Hove, East Sussex, West Sussex**

W: [www.spriteyoga.com](http://www.spriteyoga.com)
E: spriteyoga@gmail.com
Urban Smoothie Bikes offer pedal powered smoothie workshops for schools. They offer a fun interactive activity for schools to assist the teaching of health and nutrition using smoothie bikes to blend up delicious fruit smoothies. It is an excellent way of engaging children (and adults!) and all lesson plans are based on the National Curriculum.

Area they work in/ have capacity to work in: **Across Sussex**

W: [www.urbansmoothiebikes.co.uk](http://www.urbansmoothiebikes.co.uk)
E: info@urbansmoothiebikes.co.uk
T: 07742 553 988

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Wave are working with primary schools in Lewes District and Eastbourne delivering sessions for Health Improvement Plans, extracurricular clubs and health and wellbeing initiatives. They work across all ages of education in providing opportunities in physical activity with pathways into regular participation. This includes extracurricular provision, competitions delivery, taster sessions and adapted sessions to enhance curricular subjects.

Area they work in/ have capacity to work in: **East Sussex**

W: [www.waveleisure.co.uk](http://www.waveleisure.co.uk)
E: david.wright@waveleisure.co.uk
T: 01323 408 857

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Wellbeing People offer a number of ‘Wellbeing for Schools’ programmes specifically designed to engage children of all ages. The programmes support regular learning practices with additional workshops, resource packs and fun activities to promote the latest health messages as set out by the relevant governing bodies and institutions.

Area they work in/ have capacity to work in: **Across Sussex**

E: Freya.Briley@wellbeingpeople.com
T: 01622 834885
<table>
<thead>
<tr>
<th>Online Resources</th>
</tr>
</thead>
</table>
| **Cosmic Kids** make yoga and mindfulness fun and engaging for children. As an online resource you can watch yoga, mindfulness and relaxation videos for free. Cosmic kids also offer online teacher training and lesson plan resources.  
  
**Area they work in/ have capacity to work in:** Across Sussex (Online Software)  
  
**W:** [www.cosmickids.com](http://www.cosmickids.com)  
**E:** support@cosmickids.com |
| **Create Development** take an innovative, holistic approach to teaching PE to KS1 and KS2. Their training and resources support schools to transform the culture of physical activity. Their unique, inclusive approaches create habits and develop essential behaviours, physical literacy, emotional and thinking skills in every child. They have a number of high quality programmes for schools such as Real PE, Real Gym and Real Play. They will come to your school and work with your staff as part of an inset day and specialise in multi skill sessions.  
  
**Area they work in/ have capacity to work in:** Across Sussex  
  
**W:** [https://www.createdevelopment.co.uk/](https://www.createdevelopment.co.uk/)  
**E:** info@createdevelopment.co.uk  
**T:** 020 8863 0304 |
| **The Ed Start** Health & Fitness software improves the health of children and allows schools to utilise the PE & Sport Premium funding to maximum effect. Follow this link to a video explaining more about EdStart Health & Fitness. [http://www.edstart.org.uk/provision/edstart-health-and-fitness-app/](http://www.edstart.org.uk/provision/edstart-health-and-fitness-app/)  
  
**Area they work in/ have capacity to work in:** Across Sussex (Online Software)  
  
**W:** [http://www.edstart.org.uk/provision/](http://www.edstart.org.uk/provision/)  
**E:** enquiries@edstart.org.uk  
**T:** 01617 369 960 |
| **Get Set 4 PE** was founded by Kathryn Whittall and Natalie Richardson who have both spent over ten years in primary education since completing their PGCE in 2008. Their vision was to design a resource to connect teachers and pupils to high quality PE, with everything needed in one place. The aim was to create a platform that is simple and easy to use, saving teachers significant time on planning and assessment, whilst increasing their confidence in delivery.  
  
**Area they work in/ have capacity to work in:** Across Sussex (Online Resource)  
  
**W:** [www.getset4pe.co.uk](http://www.getset4pe.co.uk)  
**E:** admin@getset4pe.co.uk  
**T:** 0203 4881798 |
| **imoves** is the first evidence-based approach to boosting grades and creating happier, healthier learners through activity! A digital platform with over 1,000 cross-curricular lessons and activities to support active learning. The resources include national curriculum-based lesson plans, demonstration movies, music and flashcards.  
  
**Area they work in/ have capacity to work in:** Across Sussex (Online Resource)  
  
**W:** [www.imoves.com](http://www.imoves.com)  
**E:** enquiries@imoves.com  
**T:** 01142 661 061 |
<table>
<thead>
<tr>
<th><strong>Maths of the Day</strong> is an online resource which provides teachers with 2000+ lesson plans and resources on how to deliver the whole of the maths curriculum through physical activity. The multi award winning resource works in partnership with the Youth Sport Trust and is proven to impact on levels of physical activity as well as standards within mathematics. Maths of the Day will be included in the 2019 Parliamentary Review as an example of outstanding practice within education.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area they work in/ have capacity to work in: <strong>Across Sussex (Online Resource)</strong></td>
</tr>
</tbody>
</table>
| **W:** [www.mathsofttheday.org.uk](http://www.mathsofttheday.org.uk)  
**E:** maths@motd.org.uk  
**T:** 01244 515 556 |

<table>
<thead>
<tr>
<th>Created by primary school teachers specialising in PE, with over 1000 progressive and editable video and diagram-supported lesson plans based on Early Years and National Curriculum outcomes, <strong>Primary PE Passport</strong> is a unique, innovative, intuitive app providing wide-ranging and time-saving resources to support staff. It gives teachers the tools they need to plan, deliver, assess, evidence, monitor and moderate high quality PE, and track engagement and participation in extra-curricular physical activities and school sport.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area they work in/ have capacity to work in: <strong>Across Sussex (Online Resource)</strong></td>
</tr>
</tbody>
</table>
| **W:** [www.primarypepassport.co.uk](http://www.primarypepassport.co.uk)  
**E:** nick.priestley@primarypepassport.co.uk  
**T:** 0800 055 6550 |

<table>
<thead>
<tr>
<th>A hub of high quality PE planning resources that empowers primary school teachers to deliver better Physical Education. Through engaging lesson plans, simple-to-use teaching resources, and specialised professional development, the PE Hub is transforming how primary PE is delivered across the UK.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area they work in/ have capacity to work in: <strong>Across Sussex (Online Resource)</strong></td>
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</table>
| **W:** [thepehub.co.uk](http://thepehub.co.uk)  
**E:** info@thepehub.co.uk  
**T:** 0121 661 6530 |

<table>
<thead>
<tr>
<th><strong>The PE Suite</strong> is an innovative teaching resource with over 500 video demonstrations cover key physical skills and activities across the primary PE curriculum. The online tutorial video library is supported by high quality CPD training and planning, assessment and evidence resources. They aim to empower all teachers; regardless of age, experience or physical dexterity to lead and facilitate outstanding PE.</th>
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</thead>
<tbody>
<tr>
<td>Area they work in/ have capacity to work in: <strong>Across Sussex (Online Resource)</strong></td>
</tr>
</tbody>
</table>
| **W:** [http://thepesuite.com/](http://thepesuite.com/)  
**E:** info@thepesuite.com  
**T:** 023 9298 9285 |

<table>
<thead>
<tr>
<th>Twinkl Move is an empowering teaching package that provides a complete breadth of planning from Reception through to Key Stage 2. This easy to use tool-kit offers full PE schemes of work and CPD content, all written by experienced primary teachers to help increase confidence, skills and knowledge. With Twinkl Move you can build a rich and engaging PE curriculum, using resources that include, interactive PowerPoints, lesson plans, home-learning tasks, aims posters, assessment packs, learning journeys and differentiation cards.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area they work in/ have capacity to work in: <strong>Across Sussex (Online Resource)</strong></td>
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<tr>
<td><strong>W:</strong> <a href="http://www.twinkl.co.uk/resources/twinkl-move">www.twinkl.co.uk/resources/twinkl-move</a></td>
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<tr>
<td><strong>Climbing at Boulder Brighton</strong></td>
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<tr>
<td><strong>Area they work in/ have capacity to work in:</strong></td>
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<td><strong>T:</strong></td>
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<tr>
<th><strong>Buzz Active</strong></th>
<th>Offer offsite adventurous activities at three locations in East Sussex, including kayaking paddle boarding and raft building in the Cuckmere valley, climbing, archery, bushcraft and more at Bushy Wood, as well as sailing and windsurfing on Eastbourne seafront.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Area they work in/ have capacity to work in:</strong></td>
<td><strong>On site delivery only.</strong></td>
</tr>
<tr>
<td><strong>W:</strong></td>
<td><a href="http://www.buzzactive.org.uk">www.buzzactive.org.uk</a></td>
</tr>
<tr>
<td><strong>E:</strong></td>
<td><a href="mailto:info@buzzactive.org.uk">info@buzzactive.org.uk</a></td>
</tr>
<tr>
<td><strong>T:</strong></td>
<td>01323 417 023</td>
</tr>
</tbody>
</table>

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<tr>
<th><strong>High Sports</strong></th>
<th>Offer climbing experiences and courses for primary schools with bases at both Brighton and Crawley. School bookings are available on weekday mornings.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Area they work in/ have capacity to work in:</strong></td>
<td><strong>On site delivery only (Crawley and Brighton).</strong></td>
</tr>
<tr>
<td><strong>W:</strong></td>
<td><a href="http://www.high-sports.co.uk">www.high-sports.co.uk</a></td>
</tr>
<tr>
<td><strong>T:</strong></td>
<td>0345 363 1177</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th><strong>Lagoon Watersports</strong></th>
<th>Offers children the opportunity to take part in various outdoor adventurous activities, such as sailing, windsurfing, wakeboarding, stand up paddleboarding, kayaking and team and raft build. Lagoon Watersports has over 25 years experience offering watersports to school groups for students age 6+. The outdoor environment encourages staff and students to see each other in a different light, building positive relationships and improving self-awareness and understanding of others.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Area they work in/ have capacity to work in:</strong></td>
<td><strong>On site delivery only.</strong></td>
</tr>
<tr>
<td><strong>W:</strong></td>
<td><a href="http://www.lagoon.co.uk/outdoor-education-schools-watersports">www.lagoon.co.uk/outdoor-education-schools-watersports</a></td>
</tr>
<tr>
<td><strong>E:</strong></td>
<td><a href="mailto:info@lagoonwatersports.co.uk">info@lagoonwatersports.co.uk</a></td>
</tr>
<tr>
<td><strong>T:</strong></td>
<td>01273 42 48 42</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th><strong>PGL</strong></th>
<th>Offer activity days and residential stays for primary school groups at their Sussex base in Windmill Hill, Hailsham. Activities, equipment, food and accommodation is all included within their packages.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Area they work in/ have capacity to work in:</strong></td>
<td><strong>On site delivery only.</strong></td>
</tr>
<tr>
<td><strong>W:</strong></td>
<td><a href="http://www.pgl.co.uk/en-gb/school-trips/primary-schools">www.pgl.co.uk/en-gb/school-trips/primary-schools</a></td>
</tr>
<tr>
<td><strong>T:</strong></td>
<td>0333 321 2116</td>
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</tbody>
</table>