Satellite Clubs during Covid-19 – adaptations & next steps

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Initial Steps

Flexibilities and changes - We Contacted existing partners in 2 ways;

• Firstly to **those that were at least 9 weeks into their delivery**
  - opportunity to invoice in advance
  - no rush for delivery to start again or for reporting.

• Secondly to those **projects that were earlier in their delivery**
  - reassurance that timescales have been extended
  - opportunity to think creatively
  - encouraged projects at **expression of interest stage**
Some traditional activity continued.....

Brighton Table Tennis Club (Sustainability)

- 19 sessions so far, 193 children and young people have taken part, including some T21 participants.

- Jodie, 17 has helped and participated; “These sessions mean a lot to me because they have made me more motivated for when I can go back and play. The sessions have been very enjoyable because I have done sessions with people in the club who I have never seen before so it has been a really good way to get to know people.”

- Spike Ward, 13 – “It’s been very helpful for me to know that the club is still active. I like the support and continuity. I’ve been able to practice at home and the Saturday sessions with Pedro have been fun and helped develop some specific skills.”
New Ideas....

Future Proof - Go Sketch (Cross Curricular)

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REBOOT partnership

• Gap in content for teenagers during ‘lockdown’, so we teamed up with the Sussex PCC REBOOT programme.
• 12 week online workout schedule aimed at Teenagers and their families.
• Local exercise providers created live or pre-recorded videos for 10-17 year olds.
• 8 providers signed up, including Street Dance, Skateboarding, Basketball, Gymnastics.
• Clear PR & Comms strategy - 5133 views in 9 weeks
• Karl, Storm Basketball: “Being a part of the Active Sussex REBOOT programme has been great. It’s enticed more children from around Sussex to pick up a basketball and give it a go.”

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REBOOT partnership

FREE sports and activities from local Sussex providers via Youtube

Why not try something different, and keep fit during the lockdown?

This guide provides access to the funded provisions available to you during the COVID-19 pandemic.

Active Sussex have teamed up with REBOOT, providing young people and their families access to local sports and activities, directly into your homes.

The below schedule of activities are FREE to access.

We encourage everyone across Sussex to get involved, keep active and improve your mental well-being.

Monday:
11:00 – 11:30

Defiant Sports Mellow Mondays

30 minute session incorporating sensory circuits, yoga, relaxation and mindfulness.

Providing varied content over 12 weeks, with extra explanation and time allowed to ensure those less able can fully participate. Equipment required will be found around the home eg. Water bottle instead of hand weights.

CLICK HERE TO ACCESS YOUTUBE

TEENS...
ARE YOU READY?

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Key Learning

• Engaging Teenagers in lockdown, let alone Inactive ones is tough!!
• Tracking views and usage is challenging, but we’re learning
• Producing videos on YouTube is new to many coaches, and lessons learnt quickly
• Safeguarding and GDPR adaptations were needed quickly
Next steps

What do Satellite clubs look like in the new normal?

• Funding adaptations and the opportunity to be even more focussed in our targeting of inactive young people.
• New ideas; Transition, primary age, place based focus
• Changes; Smaller groups, more virtual delivery, targeting pods and neighbourhoods.
• What new insight do we need?
• Potential groups to target; 5-11 yrs, 12-19yrs, LGBT+, ethnicity, inclusion, diversionary, communities...
• Thoughts and challenges?
Sport England updates and April ‘21

Rebranding & Setting our own targets locally!

• No national targets or set programmes to follow from April ’21!
• Outcomes more important than numbers.
• Needs and opportunities
• Layering projects to maximise resources and impact?
• Safe places and Young Peoples voice – How can we amplify their voices?