

## Writing a Physical Activity or PE policy

*Please note that the following is purely a guide based on my experience of writing policies for the schools I am involved with. Every school is different and the policy should reflect the ethos/ school values/ mission statement of the individual school.*

*Firstly, what is your reason for writing this? It might be worth agreeing on this before you start so that it is fit for purpose. Will it help support the whole school development plan?*

There are lots of examples of both Physical Activity and PE policies on the internet. Maybe start by having a look through some of these to get an idea of what you might want to include/ not include. It will also help you decide how much information to put into the policy.

### Next steps:

#### 1. Physical activity policy or PE policy

Which best suits your school?

Does your school already have a policy that covers physical activity and/or PE?

*My view is that a Physical Activity policy has a greater reach across the school and is more than the 2 hours a week of PE. PE will therefore be an element of the Physical Activity Policy but by having a Physical Activity policy, it will allow you to promote activity across the curriculum and school.*

#### 2. Make a list of all the areas you think need to be included in your policy.

Here are some ideas but please relate to your school:

- PE curriculum (what, how, to whom, differentiation, inclusion or the 3Is - Intent, Implementation and Impact)
- Assessment, recording, monitoring and reviewing
- Staff CPD
- Resources/ facilities available
- Health & Safety; PE kit
- Extra-curricular provision
- Leadership
- Involvement in Festivals, competitions etc with MSA
- Community partners and links
- School Games Mark, Quality Start and other kite marks
- PE and Sport Premium
- Cross-curricular
- Active classrooms
- Active travel
- Parental/ carer involvement

#### 3. Format of the policy

Do you have policies for other subjects? Does your Physical Activity policy need to follow the same format?

If not, look through some online examples and decide what best suits your school

For example:

- Introduction
- Physical Activity Aims
- Physical Activity Objectives
- Delivery of these Objectives: You can then add in the different areas that are appropriate to your school

In relation to the amount of information you choose to include, I would suggest the policy does not need to be over long and where appropriate could relate to other sources eg. Curriculum maps