



School Providers Directory 2023

Many providers operate across Sussex providing everything from extracurricular clubs to online resources. Active Sussex do not endorse any provider and stress that schools follow usual staff recruitment procedures to ensure high quality delivery and that anyone working with your pupils meet the [minimum deployment requirements](#).

KEY:

Organisations offering support in: **PE CPD**, **Curriculum Design & Assessment**, **Sports & Extra-Curricular Provision**, **Physical Activity**, **Health & Wellbeing**, **Online Resources**, **Outdoor Learning & OAA**, **Offsite Activities**.

National Partners

Organisation	Contact details	Support provided	Description
Association for Physical Education Supports: All of Sussex Primary & Secondary	enquiries@afpe.org.uk 01905 855584 https://www.afpe.org.uk/physical-education/	✓ PE CPD , ✓ Curriculum Design & Assessment , ✓ Physical Activity (not PE or clubs) , ✓ Health & Wellbeing , ✓ Online Resources	The Association for Physical Education (afPE) is the PE Subject Association in the UK. We provide quality assured services and resources and valuable professional support for our members and the physical education, school sport and physical activity sector.
Youth Sport Trust Supports: All of Sussex Primary & Secondary	naomi.bolton@youthsporttrust.org 07825 123985 https://www.youthsporttrust.org/	✓ PE CPD , ✓ Physical Activity (not PE or clubs) , ✓ Health & Wellbeing , ✓ Online Resources	The YST equips educators and empowers young people with the vision of creating a future where every child enjoys the life-changing benefits of play and sport. We do this by: <ul style="list-style-type: none"> • Running inclusive and innovative programmes • Bringing together communities of educators • Providing practical tools and resources

Organisation	Contact details	Support provided	Description
5-a-day Fitness Supports: All of Sussex Primary	info@5-a-dayfitness.com 07715 648247 www.5-a-day.tv	<ul style="list-style-type: none"> ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources 	The ultimate fun fitness resource for primary schools. Increase daily physical activity in your classroom with online follow-along 5-minute exercise routines, and 2-minute chill-out routines. Also available in French, Spanish and Welsh to help promote cross-curricular language learning. Simply watch, join in, have fun, get fit and learn!
Activ8 For Kids Ltd Supports: Brighton & Hove, West Sussex Primary & Secondary	debbie@activ8forkids.co.uk 07385690815 www.activ8forkids.co.uk	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources 	Activ8 For Kids offers a variety of support to schools and families in Sussex. The aim of the company is to 'Inspire Children and their Families to be Active'. The team is made up of qualified teachers, sports coaches, playworkers and mental well-being leads. Activ8 will develop bespoke packages to meet the needs of your school and children.
Active Hastings Supports: East Sussex Primary & Secondary	activehastings@hastings.gov.uk 01424 451051 www.activehastings.org.uk/	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing 	Active Hastings works closely with local providers of physical activity to give you easy, fun ways to get your everyday dose of physical activity. Active Hastings are leading on the Barclays Girls Football school partnerships by Youth Sport Trust and the Football Association to increase equal opportunities for girls to play football by providing resources for schools to develop PE lessons and extra-curricular club.
Albion in the Community Supports: All of Sussex Primary & Secondary	info@albioninthecommunity.org.uk 01273 878265 albioninthecommunity.org.uk/	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources 	We are the official charity of Brighton & Hove Albion, using the power of football to engage and inspire people to change their lives and help them to get active, learn new skills and improve their wellbeing. We help schools across Sussex deliver school sports and PE.

Aspire Coaching Limited Supports: West Sussex Primary, Pre-School	info@aspirecoaching.org.uk 07867 337833 www.aspirecoaching.org.uk	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision 	Aspire Coaching has been established for 24 years working with schools in West Sussex and East Hampshire providing a planned and assessed broad range curriculum of PE, PPA cover and extra-curricular clubs. Coaches have PE & School Sports (PESS) Level 3 to 5, Multi-Skills Level 2, Safeguarding in an Educational Environment & Paediatric First Aid.
Aspire: ED Supports: All of Sussex Primary	oli.burton@aspire-sports.co.uk 07562 695 333 https://www.aspire-ed.co.uk	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Online Resources 	Aspire:ED provides on-demand courses, & free & premium membership to those involved in teaching or leading PE, school sport & physical activity. Our goal is to help you enhance your knowledge, skills and confidence in the fight against inactivity. Our online CPD resources are available whenever, wherever and however you choose.
Balanceability Ltd Supports: All of Sussex Primary	info@balanceability.com 01242504525 www.balanceability.com	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing 	Balanceability is the UK's first afPE Approved Learn to Cycle programme for children aged 2½ years and upwards. Schools are able to get set up with Balanceability Learn to Cycle by purchasing a Balanceability Pack which includes all the equipment, resources and training required to deliver the sessions as a sustainable programme.
Big School Camp Ltd Supports: All of Sussex Primary & Secondary	hello@bigschoolcamp.co.uk 07487829963 www.bigschoolcamp.co.uk	<ul style="list-style-type: none"> ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Outdoor Learning & OAA, ✓ Offsite Activities & Residentials 	Big School Camp offer a unique and innovative outdoor experience, with a on-site residential camp delivered on the school's premises. A wide range of activities including fire lighting, shelter building, tent skills to name a few. Costs are as low as possible to ensure participation is available for all students of all backgrounds and needs.
BMX Skate & Scoot Academy Supports: All of Sussex Primary & Secondary	mike@bmxacademy.com 0775 295 1623 www.bmxacademy.com	<ul style="list-style-type: none"> ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing 	School experiences in BMX, Scootering & Skating. Each experience day is delivered by a European / World Champion. Includes a motivational assembly, trick display & practical workshops (all equipment supplied). Everything we do is designed to empower children to stretch their comfort zones using a growth mindset approach to each trick challenge.

Bowles Supports: All of Sussex Primary & Secondary	admin@bowles.rocks 01892665665 www.bowles.rocks	<ul style="list-style-type: none"> ✓ Outdoor Learning & OAA, ✓ Offsite Activities & Residential 	Bowles supports young people to take part in outdoor education courses and activities all aimed at helping young people to grow and to develop in an adventurous and challenging, yet safe environment. Whether in-school or at Bowles, the outcomes of our courses are self-confidence, resilience, physical and mental health, friendship and fun.
BURSTS Supports: All of Sussex Primary, Early Years	info@burstsapp.co.uk 020 8863 0304 https://burstsapp.co.uk/	<ul style="list-style-type: none"> ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, ✓ Offsite Activities & Residential 	BURSTS is a physical education, home learning app for children aged 4-7 years. It equips families with exciting, meaningful, personalised physical activities, giving them the confidence to enjoy playing and being active together. Transform EVERY child's physical literacy and progress in Physical Education by bridging the gap between school and home.
Buzz Active Supports: All of Sussex Primary & Secondary, SEN schools	info@buzzactive.org.uk 01323463300 buzzactive.org.uk	<ul style="list-style-type: none"> ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Outdoor Learning & OAA, ✓ Offsite Activities & Residential 	Buzz Active run accredited courses, activity days and sessions for groups from 6 years and up. Our range of over 15 outdoor activities includes sailing, windsurfing and paddle sport, Climbing, archery, bushcraft, team building and more. We operate three unique sites in East Sussex, We can offer under canvas residential stays at our Bushy Wood site.
Complete Education Solutions Supports: All of Sussex Primary	nathan@completeeducationsolutions.uk 0151 245 2751 https://completeeducationsolutions.uk/	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Health & Wellbeing, ✓ Online Resources 	CES offers iPEP, an interactive PE planner and assessment, allowing schools to plan, evidence and report student progression. iPEP can be used to prepare the PE department for an Ofsted inspection. CES also offer bespoke CPD days in schools supporting the PE Department.
Complete P.E. Supports: All of Sussex Primary	info@completeperesource.com 07762615425 www.completepe.com	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Health & Wellbeing, ✓ Online Resources 	Complete P.E. is an interactive online Physical Education resource that enables teachers to plan and implement high quality teaching and learning in every context from Foundation Stage to Year 6. Complete P.E. is an effective tool that can be used to build teachers' confidence, ensuring sustainable impact of your PE Premium funding.

E3 Adventures Supports: All of Sussex Primary & Secondary	Bryn@E3Adventures.com 07792826655 E3Adventures.com	<ul style="list-style-type: none"> ✓ Outdoor Learning & OAA, ✓ Offsite Activities & Residential 	E3Adventures are providers of Outdoor Learning and Adventure Education. They deliver on-site adventure days including archery, team building, orienteering and tree climbing as well as off-site Residential Programmes in Sussex, Peak District and North Wales.
Enrich Education Supports: All of Sussex Primary & Secondary	info@enricheducationuk.com 01514891123 www.enricheducationuk.com	<ul style="list-style-type: none"> ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, ✓ Outdoor Learning & OAA 	Enrich Education promote creative, active learning in schools. The UK's largest provider of bespoke school orienteering courses with cross-curricular outdoor learning, training and resources via the 'School Orienteering and Outdoor Learning Hub'. Enrich are also the only education partner of QuidditchUK, providing events, training, and equipment.
First Class Sport Supports: East Sussex Primary	info@firstclasssport.com 07929861394 firstclasssport.com	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision 	First Class Sport have been providing exceptional support to primary schools in Kent & Sussex since 2003. Providing a full range of PE & sport solutions to inspire and develop both pupils and staff, First Class Sport ensure that schools achieve the maximum return from their sport premium funding.
Fitz Supports: All of Sussex Primary	hello@getfitz.org 07715466291 https://getfitz.org	<ul style="list-style-type: none"> ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources 	Fitz is an activities programme for primary aged children and their families. A school subscription allows access for the whole school community and, over a 20 week period will build activity levels to 60 minutes per day as recommended by the CMO. Fitz is a fun way to a healthier life.
Funk Fusion Fitness Supports: East Sussex Primary & Secondary	rebecca@funkfusionfitness.com 07736843755 www.funkfusionfitness.com	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision, ✓ Health & Wellbeing 	Funk Fusion Fitness work closely with schools in the local area to offer curriculum based activities within class time, as part of their academic programme. We also offer a wide variety of dance and fitness as extra curricular clubs for both children and staff and deliver tailored choreography for the Time to Dance festival.
Get Set 4 Education Supports: All of Sussex Primary	admin@getset4education.co.uk 02034881798 www.getset4education.co.uk	<ul style="list-style-type: none"> ✓ Curriculum Design & Assessment, ✓ Physical Activity (not PE or clubs), ✓ Online Resources, ✓ Outdoor Learning & OAA 	Get Set 4 Education offer inspiring content, written by teachers, so you will feel their experience from smooth transitions to clever learning connections. So much more than a SoW, find all the 'extras' on a PE leaders 'to do' list, lunchtime games, progression documents, sports days, a space to design your curriculum and a simple assessment tool.

Hidden Talents Education Ltd Supports: All of Sussex Primary	info@hiddentalentslive.co.uk 07789715157 https://hiddentalentslive.co.uk	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision, ✓ Health & Wellbeing, ✓ Online Resources 	Hidden Talents offers an innovative and inspiring online primary dance programme, improving a child's physical and mental health. Press play or up-skill your dance teaching and use Hidden Talents as part of your PE dance curriculum, performing arts class, after school club or as a brain break. Hidden Talents also offers training and workshops.
Hindleap Warren Centre located in Wych Cross Primary & Secondary	hellohindleap@londonyouth.org 01342 822625 hindleapwarren.org	<ul style="list-style-type: none"> ✓ Offsite Activities & Residentials 	A residential trip to Hindleap offers young people the chance to improve their confidence, develop leadership skills, become more determined, and create positive relationships. Hindleap offers a wide range of outdoor activities including; high ropes, bushcraft, canoeing & kayaking, rock climbing, obstacle course and team building challenges.
Horsham Sports Services Supports: West Sussex Primary & Secondary, Special schools	enquiries@horshamsportsservices.co.uk 07764146338 www.horshamsportsservices.co.uk	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision 	Horsham Sports Services aims to increase the quality and quantity of sports opportunities available, particularly for children located in the Horsham District. We work with schools to deliver sessions and events in most sports and have particular strength in providing more unusual sports that support the aim of widening junior participation.
imoves active education ltd Supports: All of Sussex Primary	ian@imoves.com 07944099569 https://imoves.com/	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, ✓ Outdoor Learning & OAA 	imoves is an online digital platform, designed to make it easy and fun for primary school teachers to get their children moving more. A range of membership levels; including fun active blasts, full PE and Dance curricular, mental wellbeing, and Active School+ whole-school solution; we've got everything you need. Get your free4life access today!
JOLF Supports: All of Sussex Primary, SEND	mailto:neil@JOLF.golf 01273921135 www.JOLF.golf	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, ✓ Outdoor Learning & OAA, ✓ Offsite Activities & Residentials 	Our mission is to provide children with meaningful experiences of golf to enable them to play independently, enjoy playing with others and learn as they play. We have a variety of options for schools: <ul style="list-style-type: none"> • Whole School Experiences • PE & Nurture sessions • Training & equipment packages • FREE 6-week session guide

<p>Lagoon Watersports</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>info@lagoonwatersports.co.uk</p> <p>01273 42 48 42</p> <p>https://www.lagoon.co.uk/outdoor-education-schools-watersports/</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Outdoor Learning & OAA, ✓ Offsite Activities & Residentials 	<p>Lagoon Watersports offers children & young people the opportunity to try something different and learn new skills by taking part in outdoor activities such as, sailing, windsurfing, paddleboarding, kayaking etc. Our sessions are designed for children of all abilities & run by our highly qualified team in a fun safe environment.</p>
<p>miMove</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>team@mimoveapp.com</p> <p>07939227943</p> <p>mimoveapp.com</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing 	<p>miMove is a ground breaking, award winning app that supports pupils to be more active. The young people record and gain points for all the activity they take part in both in and out of school. Teachers can access this data on the teacher app to gain unprecedented impact data and better understand how each student is relating to physical activity.</p>
<p>Myphizz</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>info@myphizz.com</p> <p>01302 239023</p> <p>www.myphizz.com</p>	<ul style="list-style-type: none"> ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, ✓ Outdoor Learning & OAA 	<p>myphizz ensures that keeping active is not a chore and encourages young people to share their activity with their friends. Pupils will use their own secure login to access the interactive app and create followable 'phizzes' to track their progress and challenge others in school or from home.</p>
<p>Namaste Kids & Teens Yoga</p> <p>Supports: East Sussex</p> <p>Primary & Secondary</p>	<p>hayley@namastekids.co.uk</p> <p>01580240982</p> <p>www.namastekids.co.uk</p>	<ul style="list-style-type: none"> ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing 	<p>Namaste Kids help settings support pupil wellbeing & improve fitness through yoga. Teaching nursery to KS2. Offering whole class yoga within the curriculum as part of PE, PSHE, PPA or small nurture classes for children with specific needs. Wellbeing days plus staff wellbeing or training sessions. Packages tailor made for your school.</p>
<p>OPAL Outdoor Play and Learning CIC Ltd</p> <p>Supports: All of Sussex</p>	<p>outdoorplayandlearning@gmail.com</p> <p>+441761462991</p> <p>outdoorplayandlearning.org.uk</p>	<ul style="list-style-type: none"> ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources 	<p>The OPAL Primary Programme is a multi-award winning way for schools to transform the quality of their play offer for every child, every day of the school year. Working over an 18 month period the OPAL supports school to create the policies, action plans, grounds plans, staffing, resources and environment resulting in permanent improvement.</p>

<p>Parable Dance CIC</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>info@parabledance.co.uk</p> <p>07957460177</p> <p>www.parabledance.co.uk</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, ✓ Offsite Activities & Residential 	<p>Parable Dance are a community interest company who provide inclusive dance workshops for disabled children and adults on a project basis for schools, colleges, day centres and other organisations across the South East. They also run weekly inclusive youth and adult classes in Brighton and CPD training nationwide.</p>
<p>Premier Education</p> <p>Supports: West Sussex</p> <p>Primary</p>	<p>sbarton@premier-education.com</p> <p>01953 499040</p> <p>www.premier-education.com</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources 	<p>Premier Education is the UK's No.1 provider of sport and physical activity to primary schools. Improving children's health and wellbeing through active learning. Whether it's after-school gymnastics, curricular fencing classes or Performing Arts Holiday Camps, Premier Education have been loved across the UK since 1999.</p>
<p>Premier Sports & Leisure</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary Universities</p>	<p>sales@premier.kitfor.co.uk</p> <p>0203 026 0640</p> <p>www.premier.kitfor.co.uk</p>	<ul style="list-style-type: none"> ✓ Clothing & equipment supplier 	<p>Premier Sports is your go to supplier for sports kit. We offer a wide range of brands suitable for all budgets. We also supply sports equipment, trophies and school uniform!</p>
<p>Primary PE Passport</p> <p>Supports: All of Sussex</p> <p>Primary, Multi Academy Trusts</p>	<p>nick.priestley@primarypepassport.co.uk</p> <p>07904 525 425</p> <p>www.primarypepassport.co.uk</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Online Resources 	<p>Customisable online/app-based planning, evidencing, assessing and reporting to support personalised teaching and learning of national curriculum PE and participation in extra-curricular physical activity and school sport, including competitions and events. N-Y6 progressive and editable video/diagram-aided SOW can be supplemented with own content.</p>

<p>real PE</p> <p>Supports: All of Sussex</p> <p>Primary, Early Years</p>	<p>realPE@createdevelopment.co.uk</p> <p>020 8863 0304</p> <p>https://realpe.co.uk/</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, 	<p>Transform PE experiences for EVERY child, teacher and family. real PE will:</p> <ul style="list-style-type: none"> • inspire you through blended learning; • equip you with an outstanding curriculum; • provide the best tools and resources; • transform staff confidence. <p>This sustainable solution will support you to deliver an outstanding PE curriculum which meets the needs of EVERY child.</p>
<p>Skiltek Sport</p> <p>Supports: Primary & Secondary, Colleges</p> <p>East Sussex</p>	<p>info@skilteksport.co.uk</p> <p>08001930703</p> <p>https://www.skilteksport.co.uk</p>	<ul style="list-style-type: none"> ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs) 	<p>Skiltek Sport has a team of experienced coaches qualified in a range of sports to meet the needs of your school. Skiltek delivers high quality sessions across East Sussex. Including PE lessons, PPA cover, enrichment activities and after school provisions. Get in contact to find out more!</p>
<p>Skip2bfit Ltd</p> <p>Supports: All of Sussex</p> <p>Primary, Secondary</p>	<p>info@skip2bfit.com</p> <p>01843603020</p> <p>www.skip2bfit.com</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Health & Wellbeing 	<p>Skip2bfit offers workshops and resources linking skipping to numeracy, personal development and healthy eating. Many schools use skip2bfit as an alternative to the daily mile as the use of our counting skipping ropes really helps to motivate the children.</p>
<p>South Coast Sports Coaching Ltd</p> <p>Supports: West Sussex</p> <p>Primary</p>	<p>info@southcoastsports.org.uk</p> <p>07908848802</p> <p>https://southcoastsports.org.uk/</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs) 	<p>South Coast Sports are passionate about ensuring sports provision is available for all, enabling them to grow and gain in confidence in every way. We have been building across the County for over 20 years, our passion for quality coaching, value and care mean we are an integral part of local sports, both in the community and through schools.</p>
<p>South Downs National Park Authority</p> <p>Supports: All of Sussex, SDNP area</p> <p>Primary & Secondary</p>	<p>amanda.elmes@southdowns.gov.uk</p> <p>07872410452</p> <p>www.southdowns.gov.uk</p>	<ul style="list-style-type: none"> ✓ Curriculum Design & Assessment, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, ✓ Outdoor Learning & OAA 	<p>Discover the fascinating history behind the creation of the National Park and uncover the special qualities of this landscape. We offer free:</p> <ul style="list-style-type: none"> • Advice and guidance, signposting towards over 100 education centres and providers • Assemblies • Class sessions with interactive activities • Support with the John Muir Award • INSET day and ITT workshops

<p>Spike It Coaching</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>Info@spikeitcoaching.com</p> <p>07498456937</p> <p>https://spikeitcoaching.com/</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision 	<p>Spike it coaching is a coaching company providing the non-traditional sport of Roundnet (also known as Spikeball). We run CPD for teachers around the UK, and work directly in partnership with the NGB British Roundnet. We have official level 1 courses, CPD, and a host of resources included in our packages. Plus, after school clubs in local areas.</p>
<p>Sportitude</p> <p>Supports: East Sussex</p> <p>Primary & Secondary</p>	<p>dsmith@sportitude.org.uk</p> <p>07716847702</p> <p>www.sportitude.org.uk</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Outdoor Learning & OAA 	<p>Sportitude's team of talented, experienced, and nurturing coaches are at hand to assist and develop all facets of Primary and Secondary school P.E. Sportitude provides a wide range of inclusive opportunities to enhance children's health and wellbeing, ensuring children's love for sport and physical activity is at the centre of everything they do.</p>
<p>Sports Directory</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>adam@sportsdirectory.com</p> <p>07789717901</p> <p>https://www.sportsdirectoryuk.co.uk/</p>	<ul style="list-style-type: none"> ✓ Clothing & equipment supplier 	<p>Sports Directory is designed for those who love sport, keep up to date with all the innovations and know their brands. Whatever your needs, you will find that Sports Directory has it all, at outstandingly low prices. Sports Directory sells competitively priced, well-made sports equipment with a sense of fun, style and attention to detail.</p>
<p>Stormbreak</p> <p>Supports: All of Sussex</p> <p>Primary</p>	<p>hello@stormbreak.org.uk</p> <p>07910246013</p> <p>www.stormbreak.org.uk</p>	<ul style="list-style-type: none"> ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources 	<p>Stormbreak is a charity working across the UK to support children's mental health and emotional wellbeing through movement, equipping them with sustainable, transferable skills and coping strategies to thrive during the complex demands of growth into adult life.</p>
<p>Streetfunk Dance Company LYD</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>dionne@streetfunk.co.uk</p> <p>07703517752</p> <p>https://www.streetfunk.co.uk/</p>	<ul style="list-style-type: none"> ✓ Sports & Extra-Curricular Provision 	<p>Streetfunk provides a hybrid or Streetdance.. with decades of experience and working with children from all backgrounds and ages, Streetfunk prides itself on engaging young people to be more active. We can provide, school workshop, class workshops, presentations, opportunities for young leaders. Small group work, performance pieces.</p>

<p>Sussex Cricket Foundation</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary, Independent Schools</p>	<p>foundation@sussexcricket.co.uk</p> <p>01273 827100</p> <p>https://sussexcricket.co.uk/community-cricket</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Sports & Extra-Curricular Provision, ✓ Online Resources 	<p>The Sussex Cricket Foundation is the charitable arm of Sussex Cricket that develops the recreational and community side of the game. We offer a range of opportunities for all schools to access cricket through coaching, competitions and CPD for staff. We also offer schools the chance to visit The 1st Central County Ground through our match visits.</p>
<p>Table Tennis Rother</p> <p>Supports: East Sussex</p> <p>Primary & Secondary</p>	<p>kevin@tabletennisrother.uk</p> <p>07803138881</p> <p>https://tabletennisrother.co.uk/</p>	<ul style="list-style-type: none"> ✓ Sports & Extra-Curricular Provision 	<p>Table Tennis Rother , a Table Tennis England Premier Ability Club, develops the sport within schools. We offer extra curricular clubs as well as curriculum courses within PE . We offer TTKidz Schools (see website) , with or without tables. We can help schools acquire tables or provide tables, subject to availability for regular after school clubs</p>
<p>Teach Active</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>info@teachactive.org</p> <p>01244 735110</p> <p>www.teachactive.org</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources 	<p>Teach Active is an online resource that provides schools and teachers with lesson plans and resources to deliver every objective in the maths and English curriculum through movement/physical activity. Teach Active is used in schools across the UK and proven to raise levels of activity, well-being and academic attainment.</p>
<p>Ten Minutes Peace</p> <p>Supports: East Sussex, Brighton & Hove</p> <p>Primary & Secondary</p>	<p>molly@tenminutespeace.com</p> <p>https://www.tenminutespeace.com/</p>	<ul style="list-style-type: none"> ✓ Health & Wellbeing 	<p>TMP offers a very well structured daily wellbeing practice for both students and teachers which includes: Breathing techniques, yoga based movement, gratitude practice and meditation all in 10 minutes. It is a excellent tool for children to discover how to self regulate and creates a sense of ease and awarness for themselves and each other.</p>

<p>The Outdoor Classroom</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>info@theoutdoorclassroom.co</p> <p>https://theoutdoorclassroom.co/welcome</p>	<ul style="list-style-type: none"> ✓ PE CPD, ✓ Curriculum Design & Assessment, ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Online Resources, ✓ Outdoor Learning & OAA, ✓ Offsite Activities & Residentials 	<p>The Outdoor Classroom incorporates the best of orienteering and school education to provide a platform that engages pupils through outdoor learning. The app's versatility adapts to all subjects and learning abilities. Our tailored CPD courses and programme features help to support teachers in creating exciting learning experiences for their pupils.</p>
<p>The PE Hub</p> <p>Supports: All of Sussex</p> <p>Primary</p>	<p>info@thepehub.co.uk</p> <p>0121 6616530</p> <p>http://www.thepehub.co.uk</p>	<ul style="list-style-type: none"> ✓ Online Resources 	<p>The PE Hub gives schools and teachers exclusive access to high-quality teaching content. Every single lesson created is designed with the teacher in mind. The PE Hub curriculum covers reception - year 6 and includes; lesson plans, assessment portal, curriculum map builder, videos and supporting materials.</p>
<p>The Wave Project</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>katep@waveproject.co.uk</p> <p>07376 319466</p> <p>https://www.waveproject.co.uk/project-locations/brighton/</p>	<ul style="list-style-type: none"> ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Outdoor Learning & OAA, ✓ Offsite Activities & Residentials 	<p>The Wave Project delivers Surf Therapy for young people aged 8-18 at risk of isolation or poor mental health. Our six-week courses take place on Southwick beach, supported by qualified instructors and a team of volunteer mentors, and we also run a regular Surf Club for young people who have completed their therapy. Evaluation shows that our participants are happier, calmer, more resilient and more likely to engage with education.</p>
<p>Up-Grade Training and Therapy</p> <p>Supports: All of Sussex</p> <p>Primary & Secondary</p>	<p>barfootd@hotmail.com</p> <p>07970462909</p> <p>www.upgrademartialarts.co.uk</p>	<ul style="list-style-type: none"> ✓ Sports & Extra-Curricular Provision, ✓ Physical Activity (not PE or clubs), ✓ Health & Wellbeing, ✓ Offsite Activities & Residentials 	<p>We provide self-defense seminars, martial arts intervention, and positive behaviour workshops. We have permanent martial arts & self-defense schools in Bexhill, Sidley, Pebsham and Battle, where young people can become members and continue their learning and positive growth beyond the school workshops.</p>

For more ideas on developing the PE, sport and physical activity at your school visit the [Active Schools area of the Active Sussex website](#).

