



Active Sussex Network 2024 – partner updates

Liz Bartlett, Service Manager, Sport and Wellbeing, Grace Eyre Foundation

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My role is to provide sports and wellbeing activities for adults with learning disabilities across Sussex. I also coordinate Special Olympics Sussex which enables us to ensure we can offer a full sports pathway for people to participate from grassroots to local, regional and national competition. I work with a range of partners, providers, clubs, coaches and organisations and if you are interested in developing any opportunities for people with disabilities please do get in touch.

Sarah Johnson Community Partner, Our Active Community Worthing – Mencap

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I have just come into post as the Community Partner for Our Active Community Worthing - I will be working for Mencap funded by Sport England until April 2027.

Our vision is:

People with a learning disability, and the communities in which they live, are physically active, happy and healthy; they have the motivation, confidence, skills, knowledge and understanding to value and take responsibility for engagement in physical activity for life.

We will do this by:





- Supporting communities to become active ecosystems
- Inspiring a wider movement for change across the sector

Hannah Dyke, Head of Healthy Communities, Freedom Leisure

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New Head of Healthy Communities for Freedom Leisure, we provide high-quality, affordable, and accessible physical activity, mental health and social opportunities in local community facilities. Looking to create closer partnerships in Sussex to further strengthen our connections across the system.

Caroline McRoyall, Senior Consultant, Continuum Sports & Leisure

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Sport England Framework partner company and provider for programme coordination, stakeholder engagement, and content for Bubble.

Rachael Wood, Managing Director, Nice Work

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Nice Work is an East Sussex-based race management company, organising over 150 running races nationwide. Based in Rye, we host the Hastings Half Marathon and the Mid Sussex Marathon weekend, among many others in Sussex. We promote inclusivity at our races, welcoming runners of all



abilities and backgrounds. We operate our own races and work in partnership with running clubs, charities, local authorities, and other community groups.

Stephanie McCabe, Founder, Try Tag Rugby Brighton & Hove

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Try Tag Rugby Brighton & Hove started in April 2023 on Hove Green. One of the fastest growing social sports in the UK, our league has approx. 150 adults taking part weekly, with seasons running year-round. Alongside the weekly league, the social element provides players with a community that they instantly feel part of when they join. Many players have already made friends for life and as a result, they continue to get active and stay healthy by playing Tag Rugby together. Our sport is one of the most inclusive out there, with mixed teams and players of all abilities taking part!

Loretta Lock, MD of Defiant Sports

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Defiant Sports was created to ensure that anyone with a barrier to participation can access sport and physical activity. I would like to take this opportunity to introduce two new projects we are involved in, Para Standing Tennis an exciting new national opportunity, and 'Men Not At Work', a personal project supporting ex-construction or manual workers to re-engage with the community and improve their physical and mental wellbeing. Sport and physical activity can be used as an amazing tool to change people's lives, let's ensure the change is positive!



Mike Coyne, Co-ordinator, Green Transition Crowborough

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Green Transition Crowborough is a community group that promotes practical solutions to the Climate Crisis in our everyday lives, in a way that builds from the grassroots up. It works with individuals, businesses, and schools to help them develop their sustainability practice bit by bit. GTC's Sport Group aims to help local sport clubs and organisations to work together to promote sustainability and campaign with the slogan 'a healthy lifestyle in a healthy environment.'

Nicki Goble, Employment Consultant, Aldingbourne Trust WorkAid

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Nicki is a member of the Supported Employment West Sussex team; a specialist service supporting disabled people and carers to find and sustain paid employment. In April we will be teaming up with chefs from the well-known Kitchen Impossible with Michel Roux tv series, who will be working alongside the people we support to create an exciting paid work experience event. Trainees will have the opportunity to build confidence while gaining the skills they need to get into paid employment. For more information and to book your table, visit www.aldingbournetrust.org/food4thought



Dannika Smith, Partnerships Manager, Sportitude

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Sportitude run lunchtime clubs, after school clubs and PPA cover, as well as delivering CPD, where we support schools in their P.E provision. We run both private camps and partner with ESCC for regular HAF-funded holiday camps at various schools in the Eastbourne area and at Knockhatch. We are keen to speak to anyone wishing to take up our services, support us in expanding our business, or discuss the use of a venue for future camps.

James Gregory, Director, London & South East, StreetGames

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StreetGames are a national charity that supports a network of locally trusted organisations to utilise the power of Doorstep Sport to enhance the lives of young people living in underserved communities. We help these organisations to survive and thrive in a number of ways, so they can develop the great work they do on the ground - helping young people who face numerous barriers to participation and life chances to be active, healthier, safer, and more successful. To find out more and to join the network to access our support, visit www.streetgames.org or email rashan.mcdonald@streetgames.org

Alex Bunce, Marketing and Communications Officer, Active Sussex

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The Community of Learning portal on the Active Sussex website is live and includes items such as research reports, toolkits, case studies, videos, and webinars. This will be continually updated so please regularly check the page - www.activesussex.org/insight-and-funding/community-of-learning/



Anna McCallum, Children and Young Persons Care Coordinator, NHS- Bexhill PCN

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Children and Young Persons Care Coordinator service for the Bexhill PCN. The PCN (Primary Care Network) is part of the NHS and the services we provide aim to maintain the wellbeing of all children and young people who are registered to one of three GP surgeries in Bexhill.

What is a Children's Care Coordinator? It is similar to that of a support worker. We use a variety of methods depending on which best suit the needs of the patient; such as face to face visits in homes and schools, regular telephone calls and/or emails, and signposting to other organisations and resources.

We work with 0-18 year olds and their families and there is no set criteria for them to access our service.

There is currently no time limit for the duration of our involvement and it depends entirely on the level of need of the young people. Some people may need help for a few months while others may be more long-term.

We cover a range of issues, the most prominent being mental health related such as anxiety and depression, but we can also support with ASD/ADHD referrals, behavioural concerns, sleep issues, eating habits, general health, vaccinations, oral hygiene, early years support and more.

We work closely with schools, GP's and other practitioners to ensure a holistic overview of the patient's needs.

Referrals usually come from GP's but schools and patients can also self-refer.

We also run a weekly youth group in Sidley, Bexhill called the SAYPH Hub, which stands for Supporting Adolescents and Young People's Health.

If you're involved in an organisation or program that you think could be beneficial for our young people, please speak with me (Anna) so I can find out more about what you can offer and how we can direct our young people to you.



Caroline McRoyall, Senior Consultant, Continuum Sport and Leisure,

Caroline@Continuumleisure.co.uk

Working on Playing Pitch and Sports Facilities strategies across London and the South East, as well as programme coordination, stakeholder engagement and content for Buddle. Buddle (formally Club Matters) - Free learning and support resources, to inspire and strengthen clubs and community organisations offering sport and physical activity, and the professionals that work with them. Email buddle@sportengland.org

<https://buddle.co/>